Dear Friend of NAMI-MN:

**Touching hearts. Healing minds. Connecting people.** That’s what NAMI-MN is devoted to. NAMI knows that the stigma surrounding mental illness isolates children and adults whose lives have been touched by mental illness, often leaving them alone, with little hope.

**Touching hearts.** When people call the NAMI office for information, attend an education class or join a support group their hearts are touched by the comforting words of understanding, hope and encouragement. Through learning about mental illness, what services are available, and about how to cope – people are given hope. Hope fuels our spirit. Deb, one of the thousands of people who contact the NAMI office every year wrote to say “thank you so much for responding to our call for help...you have touched my heart.”

**Healing minds.** Recovery is possible, but treatment and supportive services must be available and affordable. NAMI brings information to people about the service system and where to go for help. NAMI informs people of evidence based practices and new research. Advocating at the legislature, through the Mental Health Action Group and to the various state departments, NAMI seeks increased funding for effective services and works to create a seamless and understandable system for both children and adults.

**Connecting people.** After attending NAMI’s new one-day education class for family members held in northern Minnesota, a woman approached the teacher and said “thank you - I thought I was the only one.” Breaking the isolation by bringing people together is powerful. People support each other, share information, find understanding and instill hope in each other. NAMI connects people through its classes, groups, conferences and other events.
Last fall, NAMI Minnesota collaborated with Twin Cities Public Television to create two half-hour documentaries about mental illness. The documentaries dispel the myths and stigma surrounding mental illness and provide hope to the one in five persons affected by mental illness. One of the documentaries focuses on children, the other on adults. In the documentaries, we hear from real people about the struggles that they and their families have experienced. Their stories touch our hearts, teach us how to heal and connect us to others.

Touching hearts. Healing minds. Connecting people. This is what NAMI is about. NAMI educates and supports people so that they can start speaking up about mental illness. NAMI provides many opportunities for people to stand up and speak out. NAMI is committed to creating changes: Changes in attitudes, changes in laws.

Thank you for your support and for all you do to carry out NAMI’s mission.

Sincerely,

Eileen Stack        Sue Abderholden
President           Executive Director
Twenty percent of Americans will suffer from a significant mental illness that interferes with their functioning at some point during their life. That’s one out of every five people. Stop reading for a moment and think of the people you care about. Who in your life is affected by mental illness?

When you have a serious illness, you tell friends and family, colleagues at work, maybe your faith community. People gather round to help with child care or cooking meals or transportation. If you have surgery or other treatments, you’re sure to receive get-well cards and maybe flowers. People call to wish you well or to ask when you’re coming back to work.

When you or someone you love has a mental illness, no one talks about it. It’s risky even to share that information. Many people still blame mental illness on the person who’s ill, or on their family. They think you should pray more, or exercise more, or just buck up and get over it. If your child is sick, they think, well, you must not be a very good parent. The problem is, silence only adds to the stigma.

“A lot of parents have never told their extended families about their child’s illness because of fear of judgments.” —Lisa
Ask anyone with a mental illness if, any time they were hospitalized, they received a get-well card. They’ll tell you no. Ask family members, and you’ll hear stories of pastors saying things like, “Don’t worry. We won’t put your son’s name on the prayer list. No one will know.” People don’t offer help with meals or child care or in other ways they would if your family were affected by any other kind of disease. Isolation is one of the most damaging effects of mental illness. Mental illness is hard enough. Silence only separates people from their community.

“What NAMI does in returning the person with mental illness to the community has been the most important thing in mental health in the last fifty years.” —Jeff

With proper treatment, recovery from mental illness is the rule, not the exception. But fear of the stigma and isolation often keep people from getting the help they need when they need it. Silence keeps people from getting well.

“Change will not come if we don’t take a stand and start speaking up.” —Tovarich

Next year, NAMI-MN will celebrate thirty years of breaking the silence about mental illness in Minnesota. Through advocacy and legislative action, through research and education, and most of all, by connecting people with mental illness and their families to one another and to the community, NAMI-MN is ending the isolation of mental illness. In 2006, NAMI-MN began groundbreaking work funded by the Jeht Foundation to assess and address the needs of people with mental illness in the criminal justice system. In collaboration with Twin Cities Public Television, we produced an award-winning video on mental illness in adults and one on children and mental illness, the first conference on postpartum depression in Minnesota. We organized and trained Minnesotans affected by mental illness to work with their legislators to protect the rights of people with mental illness, and expanded our core programs providing education and support for people affected by mental illness. Together, NAMI-MN and people affected by mental illness are taking a stand and speaking up about mental illness in Minnesota: touching hearts, healing minds, and connecting people.
“Families participating in family therapies and NAMI’s programs about psychoeducation—those patients have lower relapse rates.” S. Charles Schultz, M.D.

In 1977, NAMI-MN was formed by a small group of parents whose adult children had mental illness. Then, mental illness was a deep, dark secret, often not discussed even within a family. There were no services to support these sons and daughters in the community when they were discharged from the state hospital. There was no support and education for their families. There was no coordinated way for them to advocate for their needs with state government. There was virtually no attempt to redress the stigma of mental illness. Recovery was not a word anyone used about mental illness.

A lot has changed in twenty-nine years. At the core of NAMI-MN’s work today are support and education programs for people affected by mental illness. All of NAMI-MN’s programs are free to participants, and led by trained volunteers. NAMI-MN volunteers either have a mental illness, or have a family member with a mental illness. They have experienced firsthand the challenges of living with a mental illness, or living with a loved one with a mental illness. They aren’t silent any more, and their willingness to share their experiences and their knowledge is ending the isolation of mental illness in Minnesota.
In 2006, over two thousand people took part in education and support programs ranging from a two-hour Early Warning Signs class presented for school staff members, to a full-day Hope for Recovery training for people with mental illness and their family members, to a twelve-week Family-to-Family class for family members of an adult with mental illness. The Silver Ribbon Campaign, a student-directed education and information group, involved nearly four hundred students in three Twin Cities high schools—and also affected community members and parents who attended events planned by the Campaign. Fifty children took part in a six-week-long KidShops designed to support children who have a sibling or parent with a mental illness. Thirty support groups for people affected by mental illness took place regularly around the state, and NAMI-MN staff responded to over three thousand phone calls and emails requesting information and support.

“My father suffers from depression. Two years ago, when I was in undergraduate school, I learned about the Family-to-Family program from a teacher I was working with. They didn’t offer it up here, so I thought I’d give it a try. I was pretty nervous about it. I’d never considered counseling at that time or anything like that, but it definitely sounded like a good program, and I knew it was something that I could have used before, so I figured, might as well try it.

“It’s incredible how much the families receive it. I just had a guy from my first class who stopped me just as I was checking out to talk to me for five minutes about how great the program was for him, helping him deal with his son’s bipolar illness. His son was doing better. And that’s not the only time that people have stopped me like that—it’s just really amazing the impact it has on families.

“I think a lot of people have some understanding of what’s going on but they can’t really put it all in order. Over the course of the class, you can see a lot more understanding and empathy for what their family member is going through. You can also definitely see over the course the changes in the communication patterns and the tension they have when they first come in. You can visually watch people improve. Being in relationship with other families who are going through the same thing, telling their family stories and realizing that they’re not alone—it’s noticeable the effect that has on them.”
“When someone gets a mental illness, other family members change their behavior, too. Maybe someone feels like they have to over-compensate or someone else withdraws—and that all just adds to the tension and stress in the family. Some people feel very alone; people know the stigma of mental illness; some people still have guilt, they feel like maybe they caused it. And family tension can really exacerbate mental illness. The Family-to-Family program helps family members understand what’s happening in their family; it helps them think about what their role might be, and how if they are over-compensating, for example, maybe that’s not helping the person who has a mental illness. Maybe it’s actually hurting. The program just puts it all in perspective, and usually after that families can find their own way.”

—Joe
Over the past twenty-nine years, the “deep dark secret” of mental illness has been brought into the light, one step at a time. Research, public education, and public discussion about mental illness have grown by leaps and bounds. NAMI-MN has been at the forefront, communicating both the growing body of research about mental illness, and the lived experience of people with mental illness and their families, through our toll-free support and information line, public events and conferences, our speakers’ bureau, and articles in local media. The quarterly “Advocate” summarizes recent research findings about mental illness and evidence-based treatment, as well as profiling members of the community who have been affected by mental illness and reporting on legislative advocacy and action.

In fiscal 2006, NAMI-MN stepped up its public educational activities with four well-attended large public events. Last November, NAMI’s annual conference, “Touching Hearts,” drew over 225 people. In January, a crowd of over 375 people gathered to hear David Kaczynski (brother of “Unabomber” Ted Kaczynski) speak at a criminal justice forum sponsored by NAMI’s Building Bridges project. In February, NAMI and the University of Minnesota presented the fourth annual Research Dinner featuring speakers on the latest research on mental illness. In May, NAMI and other organizations presented “Beyond the Baby Blues,” Minnesota’s first conference on post-partum depression.
NAMI’s Building Bridges project is designed to increase jail staff’s understanding of mental illness, and to promote discharge planning and benefits restoration for people with mental illness leaving jails. In addition to the January forum mentioned above, Building Bridges surveyed Minnesota jails about mental illness in their populations and their ability to address the issues faced by inmates with mental illness. This spring, the Building Bridges program began free training of jail staff about mental illness.

In the fall of 2005, NAMI-MN produced two award-winning documentaries about mental illness in children and adults. The videos were broadcast on Twin Cities Public Television, and have been distributed on DVD to NAMI affiliates and other organizations.

Compared to 2005, nearly twice the number of NAMI-MN press releases (545) appeared in over 150 newspapers in 2006. NAMI-MN’s Speakers’ Bureau and In Our Own Voice (stories of recovery told by people with mental illness to others in hospitals and treatment programs) addressed over 850 people around the state.

NAMI continued its efforts to reach out to the African American community through churches, schools and community organizations. In collaboration with NIP we provided education and support at City View school and Anwatin middle school. NAMI also worked with families and professionals to involve and educate families in evidence-based practices in children’s mental health.
“We discovered that my daughter had depression when she was fifteen. Her behavior had been what we thought of as typical teenager stuff—she was withdrawn and sullen, and acted out a lot—and then we found out that she was smoking pot and drinking a lot. My sister works with troubled kids, so when we were going to confront my daughter I asked her what I should say, and she said to ask her if she was cutting herself, because girls who are having a hard time do that a lot. I asked my daughter that, and she said she was. I asked her to promise me that she wouldn’t do it any more, and she said she couldn’t. I said, 'If you can’t keep yourself safe, then we have to go to the hospital.' And she said, 'Okay, let me pack some things.' I think she was relieved, and ready to go. And she was in the psych ward for eight days.

“We had a lot of support—we had family therapy, she had therapy, we got her medication and her dad ended up getting medication too—it was a rough time but we really got what we needed, and we made it through. I don’t know where we would be if we hadn’t had that help, but we did, and it made all the difference.

“Then I went to the parent night at South High that the Silver Ribbon Campaign sponsored, and it made me want to be an advocate. There is still such a stigma about mental illness. People just don’t understand, and hearing about that made me want to go out and talk to kids and parents and tell them our story. Because we are okay now—I mean, we still have a teenager in the house—but we are okay as a family. I would even say we’re stronger. And my daughter is strong, stronger than ever. She’s seventeen now, and she’s doing really well. It was hard; she lost a lot of friends and she spent her sophomore year recovering from that, making new friends, but she’s got different skills now in that area, and she’s not such a people-pleaser. She’s more independent. She knows her own mind.

“If I was talking to a family who was going through this, I’d say to them—don’t blame yourself. Just get rid of that idea right now. Because it’s so easy to think, oh, what did I do wrong? or how could I have prevented this? But it doesn’t matter. Thinking like that will just hold you back. Yeah, sure, you have to take a good hard look at yourself, and change what needs to be changed—and then you have to move forward and cope.”

—Kate
A complex web of laws and regulations surrounds children and adults with mental illness and their families. Legislation can make it easier or harder for families to help their loved ones with mental illness; make it possible or impossible for people with mental illness to gain access to the treatment and medication they need; ensure that people with mental illness have access to housing and employment or put them on the street; support families with children who have mental illness to keep their children at home or force them into giving up their parental rights in order to secure the treatment the children need—and this is only the beginning. All of these issues were on the table in the short 2006 Minnesota legislative session.

NAMI-MN advocates for the rights of people with mental illness and their families at the Minnesota Legislature and through its collaboration with state agencies and other organizations—but more importantly, NAMI-MN organizes, supports, and trains Minnesotans affected by mental illness to advocate for themselves. Through public policy trainings, legislative briefings and action days, an active legislative committee, and public rallies, NAMI encourages people affected by mental illness to speak out about their needs to legislators and other policy-makers. NAMI helps people with mental illness to tell their stories to policy-makers and and educates candidates and newly-elected officials on the issues affecting people with mental illness. In 2006 as in the previous two years, NAMI collected the stories of people with mental illness and presented them to legislators. This effort to “put a face on” mental illness has been very effective in helping legislators understand the impact of mental illness on their constituents.
“It's important for affiliates to be active and tell their real-life stories...when you hear those real-life stories, it touches your heart and you become an advocate for that person and that group.”

“My local chapter of NAMI was the first group to hold a candidate forum before the election this year. It was very helpful; they were very knowledgeable...NAMI just does a stellar job as far as educating people. You can’t help but learn something from the people in the local chapters and the state office.”

“NAMI is invaluable to the people of Minnesota...I’ll tell you, you can hire all the lobbyists you want but when you hear from your constituents, the people who vote in your district, it really makes a difference.”

—Minnesota State Senator Paul Koering

“Mental illness is one of the few diseases where there's still a stigma...Having an advocacy group creates the possibility for someone like [Senator] John Hottinger to stand up and say, I suffer from depression...I think it really does help.”

“The privacy bill wouldn’t have passed without NAMI; they really put a face on it... For a lot of issues like this, you need an advocacy group saying, it’s okay. Because most of us simply are not that informed about these kinds of issues.”

“At the Legislature, NAMI is most involved with the committees that deal with the issues, the Health and Human Services committees. And within those committees, where they are regularly, they are highly respected. People really do look to them for “What do you think of this, NAMI? Is this a good idea or not?” Where it matters, they are highly respected.”

—Minnesota State Senator Wes Skoglund
In 2007, NAMI-MN will be thirty years old. We’ve achieved a lot in those years. Because of the tireless efforts of people affected by mental illness, the silence about mental illness is being broken in the state of Minnesota, and across the country. There are some community services to support people with mental illness; there is education and support for their families. The voices of people with mental illness and their loved ones are heard in the policy-making process. Gradually, the research about mental illness, treatments, and recovery is creating more choices for people affected by mental illness, and more understanding in the community. And there is still plenty of work to be done. NAMI will be here to do it for the next thirty years, and for as long as it takes to create a world where the twenty percent of Americans who experience mental illness, and their families, get all the help they need.
NAMI-MN recognized the following people for their contributions in breaking down stigma and improving mental health services.

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Professional of the Year Award  Anne Gearity, Ph.D. LICSW
Professional of the Year Award  Lynn Falk, R.N.
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Philanthropist of the Year Award  Haggerty Family Foundation
Faith Community of the Year Award  Brooklyn United Methodist Church
Media Award  Twin Cities Public Television
Legislator of the Year Award  Mental Health Legislative Caucus
Senator Linda Berglin
Senator Steve Dille
Representative Mindy Greiling
Representative Bruce Anderson
Criminal Justice Award  Honorable Lawrence Cohen
Volunteer Group of the Year Award  Mod & Company
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Consumer Advocate of the Year Award  LaVonne Vortherms
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Christopher Thanel
Rudy & Theresa Thell
Paul Thissen & Karen Wilson
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Gordon S. Tulloch
Abigail Turner
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Mitzi & Frank Vikingsad
Perry & Diane Wagamon
Katy Wait
Waltman Associates, Inc.
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Joan Wiggen Baker
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Robin Wold
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Marge Zieska
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Mark & Ann Marie Abderholden
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Maureen Adelman
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Suzanne Aho
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John D. Alt
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Glenn Andis
Dori Ann
Stephen & Judy Antonello
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Sharon Apel
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Julia Aschburger
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Teresa Ayling
James & Suzanne Babin
Rose Backstrom
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Terry Bailey
Art & Martha Bailey
Mary Baker
Laurie Banaszak, MD
Cynthia Barber
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Carole Bestland
Sheree Marie Bewick
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Heidi Brist
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Tom & Joann Wiita
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Christine Wood
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Dale & Nora Wright

Lynn Wright
Warren & Sarah Wulfekuhler
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Tom Younghans
Monica Zachau
Eric & Caryle Zaharia
Marian Zaudtke
Marlys Zetah
Dick Zetah
Ben & Brenda
Zimmerman
John Zingsheim
Kyle Zwack
Valeria Zwak
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Ambiance Spa & Salon
Ardis and Charles Quick
Axel’s Bonfire
Axel’s Char House
Bacchus-The Minnesota Wine Society
The Bibelot Shops
Bluefin Bay on Lake Superior
Bill Bond
Lee and Laurie Brandt
Breadsmith
Broadway Across America
Carl Brookins
Allan & Lou Burdick
Burnsville Shiatsu Center
Burton’s Frame Shop
Café Latte
Caribou Coffee
Jack & Cathe Cich
Terri Cich
Cossetta’s
Curves for Women
Dale Studios
Denis & Josie Daly
Davanni’s Burnsville
Department 56
Dixie’s on Grand
Dr. R.H. Bugenstein

Dr. Suzanne Albrecht
Dunn Bros Coffee
East Lake Liquor
Exclusively Diamonds
Fabulous Fern’s
FASTFRAME
Mary Foss
Andrea Garvey
Grand Hair & Beyond
Steve & Mary Gray
Great American History Theater
Cindy Green
Jean Cambell and Randi Helgeson
Kathy Heyman
Highland Grill
Mary Hovind
Illusion Theater
Impressive Print
Izzy’s Ice Cream Café
JAX Café
Joe Gibbs Racing
Marge Kazmierczak
Gloria Knoblauch
Lake Elmo Inn
Latitudes Map & Travel
Linders Greenhouses
Mancini’s Char House
Minnesota Thunder
Minnesota Twins
Mississippi Market Co-op
Mod & Co.
Judith Forster-Monson
Muska Lighting Center
Mystic Lake Casino & Hotel
NAMI-Hennepin County
Noodles & Company
Old Chicago
Olive Garden Restaurant
Open Hands Massage Therapy Center
Pearson Candy Company
Picture Frame Supply
Pinehurst Bank
Portraits by Sayles
Premier Banks
Al & Pat Rousseau
Kurt Rousseau
SAM’S CLUB
Science Museum of Minnesota
Sheepy Yarn Shoppe
Don & Elaine Skarr
Renee Sonka
Spalon Montage
Spectrums of SALON SPA
St. James Hotel
Eileen Stack
Statements Gift Shop
Steamboat Inn
Deena Strohman
Suther’s Wine & Spirits
Sweet Memories Gift Baskets
T.G.I. Friday’s
Tangletown Gardens
Theatre de la Jeune Lune
Thomas Liquors & Fine Wine
Timberlodge Steakhouse
Tony’s Hair Fashions
Treasure Island Resort & Casino
Underwater Adventures Aquarium
Catherine Vesley
Mary Vorhes
Walgreen’s
Judy Wells Durigan
Jan Shepherd and Bob Were
Shelley White
Zandy’s
Zelle Glass Studio
Sue & George Zimhelt
Joe and JoAnn Zwack

Please accept our apology if your name is misspelled or missing in any of the lists of this report. Call NAMI MN at 651-645-2948 to correct our records.
In Memoriam

Alan Boro, Mark
  Diane Draper
  Marcia Rae Findley
Anderson, Mariana
  Mary & Herm Schulte
Anderson, Peter
  Shelley White
  Keith & Martha Anderson
  Pat & Sandy Baldwin
  Sue Abderholden
Appleman, Ron
  Boyd & Donna Ferguson
  Brett Fisher
  Brett & Shannon Griest
  Eileen Lambert
  John & Mary McCullough
  Pam Rech
  Anchor Bank
  Pamela Clemens
  Mary Gray
  Anthony & Laurie Sampair
  Donald & Sheri Schoeller
  Ronald & Janet Seaberg
  Jack & Connie Siljendahl
  Charles & Terri Smith
  Shelley White
Austin, Crystal
  Marlys Zetah

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  Maurice & Mary Bleess
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  Robert & Gayle Ranweiler
  Garrett & Judy Sampson
  Marlys Zetah
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  John & Janet Carey
Buckley, Elvina V.
  Michael & Mary McColl
  Hugh & Susan Mcsherry
  Mary Volk
  Linda Jean Tysk
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  Dale & Chris Addison
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  R.J. & B.M. Bruning
  Dorothy Carlson
  Ed & Glenna Carlson
  Julie Carlson
  Monica Carlson
  Brian Christoffersen
  D.L. & M.J. Comerford
  Duwayne & Brenda Dahl
  Jennifer Dehmer
  Roland & Elizabeth Dehmer
  Maurice & Nila Ellis
  R.M. & Dorothy Englund
  Gartner Engineering, Llc
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Robine Evenocheck
Gayle Gault
Joe & Sandra Goral
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Ed & Cheryl Lubinski
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William & June Macwhirter
Michelle Marotte
Susanna Matzer
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Julianne Mickelson
Virginia O'Leary
Kelly & Cheryl Osterdyk
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Glen & Coleen Peterson
Virgil & Debra Pint
Donna Remiger
Charlene Schwarz
Rick & Jean Scott
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Joseph Steffel
Jim & Gail Sturges
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Tom Younghans
Todd & Robin Wahlstrom
Audrey Wessman
Sandy Wheaton
Barbara White
Eunice Wiebolt
Marge Zieska

Delong, Thomas
Sarah Delong
Engebretson, Marvin
Marlys Zetah
Erlandson, Kenneth
Mary Katherine May
Fawcett, Bob
Fawcett Family Fund Of
The St. Paul Foundation
Fox, Eldon
Timothy & Derreen Vankampen
Garrigan, Robert
J.V. & K.B. Tennessen
Golz, Alexander
Eileen Stack
Hammerly, Mary
Charles & Mary Kiester
Lynn Radunz
Henson, Michael
    Merri Solstad
Herbert, Jim
    Eileen Herbert
Hoeft, Mary
    Sharon & Bob Hoeft
Holsen, Mary
    Florence Sassenberg
    Robert & Donna Rose
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    Horrisberger
    Michael & Sue Ann Ihrke
    Ann Schwartz
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    Ed & Rebecca Janezich
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    Emily & J.P. Carlin
Jewell, Kelly
    Merri Solstad
Johnson, Orville
    Merri Solstad
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Krolles, Orville
    Marlys Zetah
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    Nancy Blomgren
    Lynne Greseth
    Eric & Caryle Zaharia

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    Gordon & Jean Lindstrom
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    Roberta Dering
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Olsen, Harold D.
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    Pat Deleon
    Larry & Pat Schaefer
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    Jeffrey & Janet Sweetser
    Elizabeth Norris
    Barbara Hestness
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    Harold & Shirley Olsen
    Nim Olsen
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    Erica Tesdell
    Charles Johnston
    Jana & Randy Magnuson
    Shirley & Robert Olson
Ouderkirk Patricia
    Elizabeth Berneking
Peilen, Edith
    Frances Christian
Mary Ida Thomson
Lorraine Hertz
Janet Kehne
Linda Darling
Midwest Special Services Staff
Pendergast, Edward
John Couchman
Rodgers, George
Frank & Georgette Ario
Sarere, Gerald
Marlys Zetah
Schultz, Maynard
Marlys Zetah
Smuckler, Jim
Steven & Randee Bakke
Tom & Pat Grossman
Smuckler Custom Builders Staff
Ochs Brick Company
Hugh Aylward,
Bill Kelly House
The Wipperfuth Group
Kleve Heating & Air Conditioning
D.L. “Swede” Stelzer
Stupka, Robbie
Merri Solstad
Tulloch, Betty
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Deborah Tulloch Magee
Vennes, Bee
Katherine Doerr
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Margaret Allison
Nancy Laventure
Marion James
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Louis Gordon
Donald & Marion Jones
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Cheryl Smith
Winters, Gregory
Mr. & Mrs. Bricher
Ann M. Foss
Alex & Stephanie Kovalchuk
Zakelj, Anton
Joseph Kuznik
Mn Dhs
Mental Health Division
John Zakelj
Sue Abderholden
Zanto, Lynette
Chuck & Barb Nelson
# STATEMENT OF FINANCIAL POSITION

**June 30, 2006 (With Comparative Totals for 2005)**

## ASSETS

<table>
<thead>
<tr>
<th></th>
<th>2006</th>
<th>2005</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cash and cash equivalents</td>
<td>$146,279</td>
<td>$161,402</td>
</tr>
<tr>
<td>Contributions receivable</td>
<td>15,500</td>
<td>44,404</td>
</tr>
<tr>
<td>Accounts receivable</td>
<td>23,448</td>
<td>-</td>
</tr>
<tr>
<td>Inventory</td>
<td>3,603</td>
<td>2,716</td>
</tr>
<tr>
<td>Prepaids and other assets</td>
<td>5,883</td>
<td>4,612</td>
</tr>
<tr>
<td>Furniture and equipment, less accumulated depreciation</td>
<td>8,554</td>
<td>12,329</td>
</tr>
<tr>
<td></td>
<td>166,441</td>
<td>156,994</td>
</tr>
<tr>
<td><strong>Total assets</strong></td>
<td><strong>$369,708</strong></td>
<td><strong>382,457</strong></td>
</tr>
</tbody>
</table>
## LIABILITIES AND NET ASSETS

<table>
<thead>
<tr>
<th>Unrestricted net assets:</th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Beneficial interest in funds held by others</td>
<td>166,441</td>
<td>156,994</td>
</tr>
<tr>
<td>Other</td>
<td>51,220</td>
<td>43,150</td>
</tr>
<tr>
<td><strong>Total unrestricted net assets:</strong></td>
<td><strong>217,661</strong></td>
<td><strong>200,144</strong></td>
</tr>
<tr>
<td>Temporarily restricted net assets</td>
<td>66,993</td>
<td>109,787</td>
</tr>
<tr>
<td>Permanently restricted net assets - endowment</td>
<td>54,907</td>
<td>54,907</td>
</tr>
<tr>
<td><strong>Total net assets</strong></td>
<td><strong>339,561</strong></td>
<td><strong>364,838</strong></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Total liabilities and net assets</th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>369,708</td>
<td>382,457</td>
</tr>
<tr>
<td></td>
<td>Unrestricted</td>
<td>Temporarily restricted</td>
</tr>
<tr>
<td>--------------------------------</td>
<td>--------------</td>
<td>------------------------</td>
</tr>
<tr>
<td><strong>Revenues:</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Contributions</td>
<td>$159,081</td>
<td>$171,891</td>
</tr>
<tr>
<td>Net assets released upon satisfaction of time and program restrictions</td>
<td>214,685</td>
<td>(214,685)</td>
</tr>
<tr>
<td>Government grants</td>
<td>143,176</td>
<td></td>
</tr>
<tr>
<td>Membership dues</td>
<td>23,548</td>
<td></td>
</tr>
<tr>
<td>Fundraising events and appeals</td>
<td>87,342</td>
<td>-</td>
</tr>
<tr>
<td>Less: costs of direct benefits to contributors</td>
<td>(11,692)</td>
<td>-</td>
</tr>
<tr>
<td>Conference</td>
<td>22,321</td>
<td>-</td>
</tr>
<tr>
<td>Merchandise sales</td>
<td>11,805</td>
<td>-</td>
</tr>
<tr>
<td>Less: cost of sales</td>
<td>(3,694)</td>
<td>-</td>
</tr>
<tr>
<td>Interest revenue</td>
<td>3,376</td>
<td>-</td>
</tr>
<tr>
<td>Earnings on funds held by others</td>
<td>16,647</td>
<td>-</td>
</tr>
<tr>
<td>Miscellaneous</td>
<td>2,550</td>
<td>-</td>
</tr>
<tr>
<td><strong>Total revenues and support</strong></td>
<td>669,145</td>
<td>(42,794)</td>
</tr>
<tr>
<td><strong>Expenses:</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Program services</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Education</td>
<td>356,346</td>
<td></td>
</tr>
<tr>
<td>Support and information</td>
<td>51,503</td>
<td></td>
</tr>
<tr>
<td>Service</td>
<td>Amount 1</td>
<td>Amount 2</td>
</tr>
<tr>
<td>-------------------------------</td>
<td>----------</td>
<td>----------</td>
</tr>
<tr>
<td>Membership and affiliate support</td>
<td>12,563</td>
<td></td>
</tr>
<tr>
<td>Public awareness</td>
<td>71,917</td>
<td>-</td>
</tr>
<tr>
<td>Public policy</td>
<td>36,227</td>
<td>-</td>
</tr>
<tr>
<td></td>
<td><strong>528,556</strong></td>
<td>-</td>
</tr>
<tr>
<td>Supporting services:</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Management and general</td>
<td>61,061</td>
<td>-</td>
</tr>
<tr>
<td>Fundraising</td>
<td>62,011</td>
<td>-</td>
</tr>
<tr>
<td></td>
<td><strong>123,072</strong></td>
<td>-</td>
</tr>
<tr>
<td>Total expenses</td>
<td><strong>651,628</strong></td>
<td>-</td>
</tr>
<tr>
<td>Change in net assets</td>
<td>17,517</td>
<td>(42,794)</td>
</tr>
<tr>
<td>Net assets, beginning of year</td>
<td>200,144</td>
<td>109,787</td>
</tr>
<tr>
<td>Net assets, end of year</td>
<td><strong>$217,661</strong></td>
<td>$66,993</td>
</tr>
</tbody>
</table>
Expenses

- Education (55%)
- Support and Information (8%)
- Membership and Affiliate Support (2%)
- Public Awareness (11%)
- Public Policy (6%)
- Management and General (9%)
- Fundraising (9%)

Revenues

- Contributions/Foundations (53%)
- Government Grants (23%)
- Membership Dues (4%)
- Fundraising Events (12%)
- Conference (4%)
- Merchandise Sales (1%)
- Interest Revenue (1%)
- Earnings on Funds Held by Others (2%)