dreams
are
the seeds of
change
2007 ANNUAL REPORT
When Pat Solomonson’s son was diagnosed with schizophrenia in the mid-1970’s, there was nowhere for him to go upon release from the state hospital. “There were no community alternatives at all,” she remembers. “He was over-drugged; he wasn’t getting appropriate treatment. I just thought, there has to be something better.”

“In those days, you couldn’t even talk about mental illness,” says Dorothy Holmes, whose son was also diagnosed with mental illness in the 70’s. “It was worse than talking about cancer—and I remember when you couldn’t even say cancer out loud, you’d say the C-word. There wasn’t even a euphemism like that for mental illness. There weren’t any words.”

But Pat and Dorothy, other family members, and people with mental illness themselves, were dreaming of what life could be for themselves and for their loved ones. “I wanted Steve to be treated as a full person, accepted as he was. I wanted people not to be afraid of him, but to see how much he had to offer. I wanted it understood that people with mental illness could get better, that they could be contributing citizens. I wanted Steve and other people with mental illness to have jobs, to be safe, to have homes,” Pat says. Those are big dreams, when the stigma of mental illness and the lack of services make it difficult to even begin the conversation.

Change comes from big dreams. When people with mental illness, their family members and people who worked in the field began to organize, the world began to change. In 1977, they founded the organization that became NAMI-MN (and that later gave birth to the national NAMI). They worked with the Minnesota Legislature to create the first model program in the state for people with mental illness to live in the community, Sharing Life in the Community (SLIC). “The legislators listened, because they had never heard from families before,” says Pat. “Our little ragtag group of volunteers, with no funding and no organization behind us, got that bill passed the first time around. No one could believe it. It was just unheard of. I had never been very interested in politics, but I sure got interested in a hurry after that!”

Thirty years later, NAMI-MN is still growing big changes from the dreams of people affected by mental illness. Legislators still listen when family members and people with mental illness tell their stories, as witnessed by the passage in 2007 of perhaps the most important mental health legislation in the state’s history. NAMI has grown from that first little “ragtag group of volunteers” into an organization with 21 affiliates across Minnesota, addressing issues related to both children and adults with mental illness—touching hearts through support for people affected by mental illness, healing minds through research and education, connecting people and changing the world through advocacy.
support for people affected by mental illness

At the core of NAMI-MN’s work are support and education programs for people affected by mental illness. All of NAMI-MN’s programs are free to participants, and led by trained volunteers. NAMI-MN volunteers either have a mental illness, or have a family member with a mental illness. They have experienced firsthand the challenges of living with a mental illness, or living with a loved one with a mental illness. In 2007, more than 36 NAMI support groups for consumers and family members met throughout Minnesota, and Open Door, an organization that conducted support groups for people experiencing anxiety and panic disorder, merged with NAMI-MN in January. A new toll-free help line and a re-designed website were inaugurated in 2007, and NAMI staff responded to over three thousand telephone calls and emails requesting information and support. In addition, NAMI published two new informational booklets to support people affected by mental illness—Hope for Recovery and Understanding the Minnesota Civil Commitment Process.

“In our support group, I discovered that although I couldn’t always help my own son, I could help other people.” — Pat Solomonson

Almost five hundred people around the state attended one of NAMI’s core educational programs in 2007: Family-to-Family, Hope for Recovery, and Children’s Challenging Behaviors, all for adults who have family members with mental illness.

“This workshop provided me with a lot of good information about mental illness and resources. But the best part of the workshop for me was learning how to talk to my son about his illness and meeting other people that understood the frustration and loneliness of loving someone with a mental illness.” — Anne

In addition, 139 high school students were involved in The Silver Ribbon Campaign (a student-directed education and information group) in two Twin Cities high schools, and 38 children were involved in Kidshops for children who have a parent or sibling with mental illness. NAMI also reaches out to professionals and the faith community; in 2007, 381 school staff members attended NAMI’s Early Warning Signs training for educational professionals, and 504 people attended Faithways training in churches and synagogues. Overall, in 2007, over two thousand people attended NAMI’s educational and support programs.

“Empathy is part of the NAMI culture. I have witnessed this in the office, in committee meetings, at NAMI events, and in NAMI classes. It is just one of the many reasons for NAMI’s success.” — Cindy Colson
education about mental illness

In 2007, NAMI continued ground-breaking work in educating social workers, jail staff, crisis workers, and the general public about the needs and rights of people with mental illness. A new program, Staying Together, funded by the Minnesota Department of Human Services, Children's Mental Health Division, educated parents about the fact that they do not have to surrender custody of their children in order to secure essential mental health services for them. Staying Together workshops were attended by 439 family members and professionals this year.

NAMI's Building Bridges program, designed to increase the knowledge of jail staff about mental illness and promote discharge planning and benefits restoration for people with mental illness when they leave jail, was attended by 324 jail staff members.

“The awareness piece is so important—just that our staff understand that we have people with mental illness in our facility, that they might not be able to control their behaviors. We want to give the training to the people who work with these folks every day, and then help their supervisors understand that they might need to give people a little more time. There should always be consequences, but we want to remove the long-term consequences that don't do any good.

This is more than just a custody issue—it's a quality-of-life issue. I'm responsible for those people while they're in the jail. If we can make them a little more comfortable, if we can treat them a little more humanely and with dignity, if we can get them some treatment and get them back on their meds, it's amazing. People come in out of control, and you see an incredible change.

NAMI's class was the beginning of our mental health awareness. The training created a big change in our staff—it really helps. Now people are hungry for more. When we offered a voluntary mental illness crisis intervention training, forty deputies signed up. That tells you the kind of impact we created.”—Detention Lieutenant Randy Carroll, Hennepin County

In May and June of 2007, NAMI's African American Outreach program collaborated with Pillsbury House Theatre to publicize the performance of Low, a compelling piece of theater designed to affect the way society in general and especially the African American community conceives of and deals with mental illness. NAMI organized panels to follow three performances of the piece. Planned for 30 minutes each, all three panels exceeded their allotted time, and provoked comments from the audience such as, “Thank you for this discussion,” “We need to be talking more about this,” and “I don't get to see theatre like this often, and I really appreciate it.”

In addition, NAMI held three annual events to promote understanding of mental illness. Three hundred people attended Dreams of Recovery, the annual conference, on November 4, 2006, featuring keynote speaker Bill MacPhee, founder and publisher of The Schizophrenia Digest. Meanwhile, over 230 people, the largest group ever, attended the annual research dinner co-
sponsored by the University of Minnesota Department of Psychiatry on February 20, 2007 to hear presentations by leading researchers. On May 21, 2007, Beyond the Baby Blues, second annual conference on post-partum depression, co-sponsored by the University of Minnesota School of Social Work, was held at the university’s Continuing Education Center in St. Paul.

"Now, people feel freer to talk about mental illness. People will say the word depression, at least. It’s better than it was.”—Dorothy Holmes

In the service of increasing awareness about mental illness, NAMI-MN also erects billboards around the state, places ads in over 300 newspapers, and distributes public service announcements to radio stations. In 2007, our press releases providing information on mental illness and NAMI Minnesota programs appeared 550 times in 255 newspapers, and NAMI staff also met with newspaper editorial boards to educate them about mental health issues.

The award-winning documentaries produced in 2006 by NAMI (Understanding Mental Illness in Children and Hope for Recovery: Understanding Mental Illness) are now being used by national NAMI’s education program, and distributed to mental health organizations around the country. In addition, NAMI’s Speakers Bureau reached more than 1,470 people in venues such as community colleges, hospitals and community organizations.
advocacy

"Working with the Legislature on that first bill was very exciting and satisfying. I learned that I wasn't powerless—that I had some power to get the system to do what needed to be done. We gained a lot from it, and a lot of other people did too, and it wouldn't have happened without that little band of families, consumers and providers working together to overcome their individual sense of powerlessness.”—Pat Solomonson

Like Pat Solomonson in the 1970's, people affected by mental illness are still discovering their power to change the system to better meet the needs of people with mental illness and their families. 2007 was a banner year for advocacy, which saw the flowering of years of planting seeds for change in mental health services in the state of Minnesota. In 2007, the Minnesota Legislature passed legislation that created the single largest infusion of resources and policy changes affecting the field of mental health in the state's history, including 34 million dollars in new funding to improve and expand Minnesota's mental health system. NAMI was part of a strong coalition of organizations and individuals, supported by key members of the Legislature, which created a unified vision for needed changes and worked tirelessly to bring the changes into effect.

Some key provisions of the new legislation include reimbursement rate increases to help consumers have more access to providers and services; infrastructure grants for crisis services, culturally competent providers, school-based mental health services; funding for respite care for children; and the creation of a common benefit set for Medical Assistance, MinnesotaCare, and General Assistance Medical Care, so that people on any one of these programs can access the same mental health services.

"One of the most important factors in this legislation is the recognition that individuals who need mental health services don't just reside in Minneapolis and St. Paul—we need statewide services. It's not just about crisis services; we must prevent crises from occurring. We needed a groundwork of awareness about how underfunded the system was, about just how outdated some of our provisions were. NAMI was one of the superstars—not only the organization, but the individuals, the parents they brought to the Capitol—in getting this legislation passed. It's easy for people to see us in the government as responsible but the work didn't come from us. I want the individuals involved to remember just how valuable their ideas, their advocacy, and their work are in creating this change.”
—Representative Neva Walker

"Without the strong voice of NAMI expressing a growing consensus and direction, it just simply wouldn't have happened. Because of their close grassroots connections and community all over the state, they brought credibility to what we were saying about people's needs and human suffering that had to be alleviated.”—Ron Brand, Minnesota Association of Community Mental Health Programs
The grassroots effort that passed this crucial legislation began in the NAMI affiliates around the state. In 2007, over 125 people participated in one of six public policy training sessions and over 700 participated in the legislative action team. In addition, NAMI-MN conducted a mental health education and awareness program for candidates in the last election cycle, consisting of letters to candidates and candidate forums. For example, NAMI of Olmsted County held a health and human services candidate forum, inviting all the United Way agencies in the area. They achieved full participation of all the candidates in that year’s elections, who came to answer the questions of about ninety citizens. The forum ignited advocacy for and by people with mental illness in Olmsted County, enabling NAMI to fill a bus to take the trip to St. Paul for the annual Day on the Hill in 2007.

"It did feel like we were stepping out and trying something different. It was a great way to get people engaged. And from the advocacy day, I think we learned that numbers matter; that real-life stories matter. It made a big difference.” —Anne Kamin, executive director of Olmsted County NAMI

"NAMI's staff is very well-informed and effective, assertive in a positive way, and they also brought forward the most effective lobbying tool—the personal stories of people affected by mental illness. They arranged a meeting in one of the homes in my district where I heard from my own constituents who are living with mental illness. The information is more relevant when you know the people. Then you realize how close the issue is to you—it’s not just out there somewhere, it’s real and concrete.” —Representative Carol McFarlane

Grassroots are essential, and leadership matters. The leadership of Sue Abderholden, executive director of NAMI-MN was recognized this year when she was given the peer excellence award by the directors of other NAMI chapters around the country, at the national NAMI conference in San Diego in July 2007.
moving forward

"Homelessness is the big issue now. When people can't hold a job, there's nowhere for them to go. They end up out on the streets. We still have a long way to go."—Dorothy Holmes

In 2008, NAMI will continue to reach for big dreams. The recent adoption of a five year strategic plan provides a guide for the future. In addition to strengthening the 21 NAMI affiliates around the state, NAMI will take education and support on the road, offering one-day Hope for Recovery trainings and other classes in all sixteen regions of the state. NAMI will continue to register and educate voters and candidates in the 2008 election cycle, and provide opportunities for citizens to meet with candidates and office-holders. A third documentary is being produced in collaboration with Twin Cities Public Television, Coming Home: Supporting Your Soldier. This documentary will help families and friends identify symptoms of mental illness, understand PTSD and depression, and support their returning soldiers.

"I'm pleased with the progress we made this year, and there is so much more to do. Mental health is not a partisan issue. It's not about politics, it's about people. We need to start looking at all facets of people's lives. We often talk about physical health but forget to talk about mental health. Mental illness affects every aspect of our society—families, schools, the judicial system, everything. It affects people at all ages. People need safety, they need a roof over their heads, they need basic things to help them be productive and as self-reliant as possible."—Representative Carol McFarlane

"I don't want anyone to get complacent. Just because we had a fantastic year doesn't mean that we're done. Our mental health system is still underfunded. Safeguarding these gains is critical given that we're in a budget deficit, and it's an election year. So get excited, yes, but not complacent. We had a monumental year, and there's still work to do."—Representative Neva Walker
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Robin Wold
Hugo & Agnes Wolf
Gary & Janet Worden
Brian Zellman
Ben & Janet Zimmerman
Valeria Zwak

IN KIND DONATIONS
Acapulco Mexican Restaurant
50's Grill
A. Johnson & Sons Florist
ANCHOR BANK
Bibelot
Bill Bond
Bluefin Bay
Breadsmith
Trudy Broshears
Lou Burdick
Burnsville Shiatsu Center
Café Latte
Dan Chouinard
Cathe & Jack Cich
Terri Cich
Cindy Colson
Community Resource Bank
CURVES - Burnsville
CURVES - St. Paul
Dakota Electric Association
Josie & Denis Daly
Janet Davidson
Denise Dumas
Dunn Bros Grand Ave.
Dynamex, Inc.
East Lake Liquor Store
Todd Edholm
Evans Manufacturing
Fabulous Ferns
Mary & Darrell Foss
Fraser
Clea Galhano
Shelly & Rich Gannon
Andrea Garvey
General Mills
Grad Casino Mille Lacs
Grand Hair and Beyond
Mary & Steve Gray
Sue & Dan Hanson
Haskell’s
Maria Jette
Haugrich Jewelers
Alan Johnston
Hennepin Theatre Trust
High and Mighty Band
Highland Grill
Hilton Garden Inn
Asako Hirabayashi
History Theatre
Janet Horvath
Mary Hovind
Illusion Theater
Impressive Print
International Wines & Liquors
Adair James
Jan Shepherd and Bob Were
JC Penny
Jensen’s Café
Jensen’s Supper Club
Joe Gibbs Racing
Joseph’s Grill
KARE 11
Marge & Jerry Kazmierczak
Gloria Knoblauch
Kowalski’s
Lakeshore Players
Jay Larson
Latitudes Map and Travel
Thomas Laughlin
Lily’s Coffee House
Mézi Bank Broadway Minneapolis
MacDonald Painting
Heather MacLaughlin
Laurie MacLeod
Maplewood Toyota
MB’s Cleaning Service
Abby & Don Marier
John Markovich
Pete and Sandy Menge
Metro Magazine
Metro Transit
Deanne Michael
Midwest Coca-Cola Bottling of Eagan
Minnesota Orchestra
Minnesota Thunder
Minnesota Twins
Mod & Co
Mystic Lake
Natural Balance Pilates Studio
Joe & Rosemary Niesen
Olive Garden
Tom and Jeneal Olson
Panera
Gus Pantelus
Pearson’s Candy Company
Mindy Ratner
Ron and Nancy Reed
REI
Jeannie Richards
Roasted Pear
Rose Ensemble
Roseville Bakery
Al & Pat Rosseau
Ruth Keenan Ryan
Kendra Ryders
Sam’s Club
Dan & Cheryl Schulte
Herm & Mary Schulte
Perry Schwartz
Science Museum of Minnesota
Pamela Searles
Simon Delivers
Gail Ethier, Don and Elain Skaar
Spalon Montage
Anita & John Speltz
Eileen V. Stack
Todd Stitt
Tanya Garvis/Feisty Girl Art
The Jungle Theater
Theatre de la Jeune Lune
Thomas Liquor
Tony’s Hair Fashion
Tucci Benuccuh
Twin City Grill
Underwater Adventures
Catherine Vesley
Vigee Blue
Mary Vorhes
Peg Webb
WEALTH ENHANCEMENT GROUP
XMARK Solutions
Peter Zelle & Zelle Glass Studio
Joe Zwack
IN MEMORIUM
LEE ANDERSON
Becky Scheig
JEROME ARKUZEWSKI
Fay Stein-Smestad
JOSEPH AZUZ
Jean Dickson &
John Radosevich
DR. CHRISTOPHER BROWN
William J. Milota
Professional Corporation
LAWRENCE BROWN
Emily & Julian Carlin
SUSANNE BENOLKEN
Teddy & Jim Gesell
CHAD BOECKERS
Jan & Ralph Boeckers
Norman & Judy Hansen
John & Juli Sanner
Richard & Darla Schwegel
Karla Jans
Marion Skidmore
DR. CHRISTOPHER BROWN
ROLF CHRISTIANSON
Becky Scheig
BERNI DAHLBERG
Marlys Zetah
SUSAN DERRICK
William Davis
JOHN EMMER
Julian & Emily Carlin
MARK FREEMAN
R.D. & G.R. Dullum
Beth & Michael Kiety
Camilla Zimmermann
Judith & Victor Wood
Alice & Mary Johnson
Christine & Jeff Vaala
Rita Boulay
Melissa Niemackl
Margaret Niemackl
S. & J. Neubauer
Larry & Nancy Anderson
David & Cynthia Glessner
James & Patricia Gaustad
M. Susan Gillham &
Mark Tapper
Bernice Speltz
Elizabeth Schech
Daniel & Julie Thompson
M. Joseph & Joan Lapensky
Charleen & John Louis, Jr.
William & Frances Cottrell
Owen & Shirley Johnson
Jose & Heidi Gaibor
Virginia Lowell
Jerome & Ann Walsh
Sharlene Walerus
Michael Feigal
Lowell & Anne Marie
Helgason
Truman & Mary Malchow
Audrey & Roy Warter, Sr.
Jane Kraft
Marilyn Schlader
Margaret & Timothy
O’Connor
L. & P. Switz
John & Carolyn Erchul
Frances & Nancy Foley
Fay Sullivan
Colleen Gallagher
Katherine Johnson
Kathryn North
Meri Santos
Gifts listed were received between July 1, 2006 - June 30, 2007. Please accept our apology if your name is misspelled or missing in any of the lists of this report. Please call Michelle Greene at 651-645-2948 to correct our records.
nami minnesota 2006 awards

Provider of the Year Award
Mental Health Resources

Professional of the Year Award
Amy Rice,
Spectrum Community Mental Health

Faith Community of the Year Award
Basilica of St. Mary, Minneapolis

Media Award
KAAL TV Rochester

Benefactor of the Year Award
Ivan Sletten

Intern of the Year
Erin Gazelka

Legislator of the Year Award
Senator John Hottinger and
Senator Wes Skoglund

Criminal Justice Award
Chief Judge Gregg E. Johnson,
Ramsey County

Leadership Award
Julie Soper, Mankato

Lifetime Advocacy Award
Mary Schulte

Volunteer Couple
Janet and Wilfred Williams,
Scott County

Consumer Advocate of the Year Award
Bradley Dreis, St. Cloud

Volunteer of the Year Award
Nick Johnston, St. Cloud

Program Volunteer of the Year Award
Mare Wheeler

Office Volunteer of the Year Award
Jeff Bugenstein and
Orrin Hager

Volunteer Couple
Janet and Wilfred Williams,
Scott County

Lifetime Advocacy Award
Mary Schulte

Volunteer Couple
Janet and Wilfred Williams,
Scott County

Consumer Advocate of the Year Award
Bradley Dreis, St. Cloud

Volunteer of the Year Award
Nick Johnston, St. Cloud

Program Volunteer of the Year Award
Mare Wheeler

Office Volunteer of the Year Award
Jeff Bugenstein and
Orrin Hager
## statement of financial position
June 30, 2007 (With Comparative Totals for 2006)

### assets

<table>
<thead>
<tr>
<th></th>
<th>2007</th>
<th>2006</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cash and cash equivalents</td>
<td>$152,790</td>
<td>$146,279</td>
</tr>
<tr>
<td>Contributions receivable</td>
<td>207,949</td>
<td>15,500</td>
</tr>
<tr>
<td>Accounts receivable</td>
<td>79,850</td>
<td>23,448</td>
</tr>
<tr>
<td>Inventory</td>
<td>8,847</td>
<td>3,603</td>
</tr>
<tr>
<td>Prepaids and other assets</td>
<td>8,879</td>
<td>5,883</td>
</tr>
<tr>
<td>Furniture and equipment, less accumulated depreciation of $17,920 in 2007 and $21,425 in 2006</td>
<td>11,715</td>
<td>8,554</td>
</tr>
<tr>
<td>Beneficial interest in funds held by others</td>
<td>182,139</td>
<td>166,441</td>
</tr>
<tr>
<td><strong>total assets</strong></td>
<td><strong>$652,169</strong></td>
<td><strong>$369,708</strong></td>
</tr>
</tbody>
</table>

### liabilities and net assets

<table>
<thead>
<tr>
<th></th>
<th>2007</th>
<th>2006</th>
</tr>
</thead>
<tbody>
<tr>
<td>Accounts payable and accrued expenses</td>
<td>$25,887</td>
<td>$26,512</td>
</tr>
<tr>
<td>Other</td>
<td>4,135</td>
<td>3,635</td>
</tr>
<tr>
<td><strong>total liabilities</strong></td>
<td><strong>30,022</strong></td>
<td><strong>30,147</strong></td>
</tr>
</tbody>
</table>

Unrestricted net assets:

<table>
<thead>
<tr>
<th></th>
<th>2007</th>
<th>2006</th>
</tr>
</thead>
<tbody>
<tr>
<td>Beneficial interest in funds held by others</td>
<td>182,139</td>
<td>166,441</td>
</tr>
<tr>
<td>Other</td>
<td>69,095</td>
<td>51,220</td>
</tr>
<tr>
<td><strong>total unrestricted net assets</strong></td>
<td><strong>251,234</strong></td>
<td><strong>217,661</strong></td>
</tr>
</tbody>
</table>

Temporarily restricted net assets

<table>
<thead>
<tr>
<th></th>
<th>2007</th>
<th>2006</th>
</tr>
</thead>
<tbody>
<tr>
<td>Temporarily restricted net assets - endowment</td>
<td>316,006</td>
<td>66,993</td>
</tr>
<tr>
<td><strong>total net assets</strong></td>
<td><strong>622,147</strong></td>
<td><strong>339,561</strong></td>
</tr>
</tbody>
</table>

### total liabilities and net assets

<table>
<thead>
<tr>
<th></th>
<th>2007</th>
<th>2006</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>total liabilities and net assets</strong></td>
<td><strong>$652,169</strong></td>
<td><strong>$369,708</strong></td>
</tr>
</tbody>
</table>
statement of activities and changes in net assets  
For the Year Ended June 30, 2007 (With Comparative Totals for 2006)

<table>
<thead>
<tr>
<th></th>
<th>unrestricted</th>
<th>temporarily restricted</th>
<th>permanently restricted</th>
<th>total</th>
<th>2006</th>
</tr>
</thead>
<tbody>
<tr>
<td>Support and revenues:</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Contributions</td>
<td>197,627</td>
<td>462,189</td>
<td></td>
<td>659,216</td>
<td>330,972</td>
</tr>
<tr>
<td>Net assets released upon satisfaction of time and program restrictions</td>
<td>213,176</td>
<td></td>
<td>(213,176)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Government grants</td>
<td>207,534</td>
<td></td>
<td></td>
<td>207,534</td>
<td>143,176</td>
</tr>
<tr>
<td>Membership dues</td>
<td>26,775</td>
<td></td>
<td></td>
<td>26,775</td>
<td>23,548</td>
</tr>
<tr>
<td>Fundraising events and appeals</td>
<td>143,619</td>
<td></td>
<td></td>
<td>143,619</td>
<td>87,342</td>
</tr>
<tr>
<td>Less: costs of direct benefits to contributors</td>
<td>(15,012)</td>
<td></td>
<td>(15,012)</td>
<td>(11,692)</td>
<td></td>
</tr>
<tr>
<td>Conference</td>
<td>35,496</td>
<td></td>
<td></td>
<td>35,496</td>
<td>22,321</td>
</tr>
<tr>
<td>Merchandise sales</td>
<td>9,404</td>
<td></td>
<td></td>
<td>9,404</td>
<td>11,805</td>
</tr>
<tr>
<td>Less: cost of sales</td>
<td>(1,374)</td>
<td></td>
<td>(1,374)</td>
<td>(3,694)</td>
<td></td>
</tr>
<tr>
<td>Interest revenue</td>
<td>4,372</td>
<td></td>
<td></td>
<td>4,372</td>
<td>3,376</td>
</tr>
<tr>
<td>Earnings on funds held by others</td>
<td>23,296</td>
<td></td>
<td></td>
<td>23,296</td>
<td>16,647</td>
</tr>
<tr>
<td>Miscellaneous</td>
<td>9,188</td>
<td></td>
<td></td>
<td>9,188</td>
<td>2,550</td>
</tr>
<tr>
<td>Total support and revenues</td>
<td>854,101</td>
<td>249,013</td>
<td></td>
<td>1,103,114</td>
<td>626,351</td>
</tr>
</tbody>
</table>
# statement of activities and changes in net assets

For the Year Ended June 30, 2007 (With Comparative Totals for 2006)

<table>
<thead>
<tr>
<th>Description</th>
<th>unrestricted</th>
<th>temporarily restricted</th>
<th>permanently restricted</th>
<th>total</th>
<th>2006</th>
</tr>
</thead>
<tbody>
<tr>
<td>Expenses:</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Program services:</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Education</td>
<td>454,934</td>
<td></td>
<td></td>
<td>356,346</td>
<td></td>
</tr>
<tr>
<td>Support and information</td>
<td>64,669</td>
<td></td>
<td></td>
<td>51,503</td>
<td></td>
</tr>
<tr>
<td>Membership and affiliate support</td>
<td>32,712</td>
<td></td>
<td></td>
<td>12,563</td>
<td></td>
</tr>
<tr>
<td>Public awareness</td>
<td>57,141</td>
<td></td>
<td></td>
<td>71,917</td>
<td></td>
</tr>
<tr>
<td>Public policy</td>
<td>73,582</td>
<td></td>
<td></td>
<td>36,227</td>
<td></td>
</tr>
<tr>
<td></td>
<td>683,038</td>
<td></td>
<td></td>
<td>528,556</td>
<td></td>
</tr>
<tr>
<td>Supporting services:</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Management and general</td>
<td>81,386</td>
<td></td>
<td></td>
<td>61,061</td>
<td></td>
</tr>
<tr>
<td>Fundraising</td>
<td>56,104</td>
<td></td>
<td></td>
<td>62,011</td>
<td></td>
</tr>
<tr>
<td></td>
<td>137,490</td>
<td></td>
<td></td>
<td>123,072</td>
<td></td>
</tr>
<tr>
<td>Total expenses</td>
<td>820,528</td>
<td></td>
<td></td>
<td>651,628</td>
<td></td>
</tr>
<tr>
<td>Change in net assets</td>
<td>33,573</td>
<td>249,013</td>
<td></td>
<td>282,586</td>
<td>(25,277)</td>
</tr>
<tr>
<td>Net assets, beginning of year</td>
<td>217,661</td>
<td>66,993</td>
<td>54,907</td>
<td>339,561</td>
<td>364,838</td>
</tr>
<tr>
<td>Net assets, end of year</td>
<td>$251,234</td>
<td>$316,006</td>
<td>$54,907</td>
<td>$622,147</td>
<td>$339,561</td>
</tr>
</tbody>
</table>
NAMI-MN's mission is to champion justice, dignity, and respect for all people affected by mental illness (biological brain disorders). Through education, advocacy, and support, we strive to eliminate the pervasive stigma of mental illness, affect positive changes in the mental health system, and increase the public and professional understanding of mental illness.