Pathway to HOPE
2009 ANNUAL REPORT

NAMI Minnesota’s mission is to champion justice, dignity, and respect for all people affected by mental illness (biological brain disorders). Through education, advocacy, and support, we strive to eliminate the pervasive stigma of mental illness, effect positive changes in the mental health system, and increase the public and professional understanding of mental illness.

“We make the road by walking”
We make the road by walking, as writer Antonio Machado once said, and this year saw more of us out there walking than ever before. We came to the State Capitol in busloads, spilling out into hallways and rallying with hundreds to champion justice, dignity, and respect for all Minnesotans affected by mental illness. In a tough economic year filled with grim predictions and budget shortfalls, we came together in a groundswell of support for the mental health initiatives we worked so hard to gain in the years before. During a time of loss and elimination, our organization continued to grow, and we did not give up our hope.

As a verb, hope is to wish for something with the expectation of its fulfillment. As a noun, NAMI Minnesota serves as the source and reason for the hope, and you, our members, volunteers, stakeholders and supporters, are at the core of our promise.

Perhaps nothing speaks so clearly to this as the final signing into law of the Paul Wellstone Pete Domenici Mental Health Parity and Addiction Equity Act on October 3, 2008. After nearly twenty years of advocacy work for parity at the federal level, we achieved this long overdue victory, which will impact over half of all Minnesotans and nearly 35 million Americans affected by mental illness.

“Mental health parity is a life-or-death issue for millions of Americans suffering from mental illness and chemical addiction. I am deeply grateful the House and Senate finally passed this historic legislation to end discrimination against people who need treatment. I am also deeply grateful to everyone at NAMI Minnesota, for all they do to help people suffering from mental illness, and for all NAMI Minnesota has done to build critical grassroots support for this historic legislation.”
— U.S. Representative Jim Ramstad
The historic House bill was named for the late Senator Paul Wellstone of Minnesota, who had a brother with a mental illness, and Senator Pete Dominici, the bill’s sponsor, whose daughter lives with schizophrenia. During the time when she was first diagnosed, his family turned to NAMI for help, and found that support was there.

Hope through education

“From reducing the stigma associated with mental illnesses, to education and empowerment initiatives, NAMI’s work is of invaluable humanitarian worth for Minnesotans.” – Rico Vallejos, Donor

NAMI’s second core element speaks to a broader service — when we say educate, we include everyone. If you think about the numbers, the fact that one out of every four Minnesotans has a mental illness, and one out of every ten children, no matter who you are, it adds up to someone you care about will be touched by this illness. The work we did this year positioned our organization to change the way Minnesotans think about and respond to mental illness by continuing focus on the three broad strategies developed as part of our five-year, strategic plan, Leadership for Change.

Educate families. To ensure that people throughout the state have the opportunity to learn about mental illness, we provide eight free mental health classes, such as Family-to-Family, Hope for Recovery, and the Children’s Challenging Behaviors workshop, now offered in Spanish. This year we provided classes in every region of the state, nearly tripling the number of class offerings in 2008 from 54 to 144 in 2009. Class attendance also grew from 618 in 2008, to 1,561 participants this year.

“As siblings of a sister who lives with schizophrenia, we have come to learn firsthand about the important work that NAMI Minnesota does to support families. Our sister Ruth has struggled with her illness and its stigma for over 16 years. In our efforts to help Ruth we attended a Family-to-Family class and came to a better understanding of what she endures every day. We have since become more involved with the NAMI Minnesota organization and as a result have developed a great respect for its staff and their truly admirable achievements.” – Kevin Hanstad

It is the teachers who make the difference. All our free programs are taught by trained volunteers who have either a family member or loved one with a mental illness. We are an organization guided by those we serve, and so the support we give continues to circle back.

“When I teach, I learn things over again. It helps me as much as it helps people in the class. I’ve got support because I’ve got 20 people who know what I’m going through and that’s very reassuring.” – Tom Pepper, Family-to-Family teacher

Families reported high satisfaction with the classes and an increase in understanding ranked in the high ninetieth percentiles. “Wonderful. Excellent team - I appreciated their openness, humor, sensitivity, encouraging style, caring approach. Couldn’t have been better,” reports one family participant. Another writes, “Have a much better understanding of what my son is going through.”

Educate Professionals. Reaching out to professionals and the faith community, we presented the workshop Early Warning Signs of Mental Illness in Children and Adolescents nine times to 193 teachers this year. Our Faithways program, aimed to provide customized education forums and training for clergy and staff, reached over 600 people in churches and synagogues across the state.

“It’s a falsehood that if one uses medication, then they haven’t got faith,” says Mental Health Panel member, Pastor L.C. Webb. “We’ve got to learn not to dismiss it with comments such as, ‘Come on, brother, you’ll be all right.’ Because so many African American families look to their faith community for guidance when dealing with mental illness, the first Mental Health Panel discussion was held by NAMI Minnesota’s African American Faith Initiative. The stories told proved so compelling, the program lasted a full hour past its scheduled time.
NAMI’s *Building Bridges* program teaches jail staff about mental illness and promotes effective discharge planning and benefits restoration. *Crisis Awareness* program educates front-line hospital emergency staff, medical technicians, and security staff about mental health crisis situations. This year, a new bill passed allowing 911 operators to dispatch mental health crisis teams to the scene when appropriate. Grants were awarded by the state to implement or enhance Crisis Intervention Teams (CIT), providing training for police officers who are often first-line responders to emergency calls involving individuals with mental illness.

“It’s good to have more and more of our law enforcement who are dealing with these situations day to day, trained in how to recognize a severe mental illness. Sometimes you have to respond in the opposite way you normally would, because an authoritative stance only exacerbates the situation instead of calming it down. The head of the police union asked for more money to finance CIT because it works, and they recognize its efficacy. Normally, they don’t want more training, but this, this is good training, and they want to know what to do to help.”
— Representative Joe Mullery

**Educate the public.** To reduce the stigma and advocate for children and adults with mental illness, we continue to expand our public awareness activities. The biggest anti-stigma event in the state, NAMIWalks, inspired over 1,500 people to lace up their sneakers and walk arm-in-arm with those who have been given the cold shoulder for far too long. The event raised $236,000 in much needed funds, but more than that, it raised the hopes of adults, children, and families living with mental illness in the state of Minnesota.

The year was filled with other community events as well. Over 275 attendees came for NAMI Minnesota’s annual conference, *Pathway to Hope*, held in November. Nationally-known keynote speakers included Major Sam Cochran, founder of the CIT model, and New York Times best-selling author, Marya Hornbacher. A Parity Celebration, featuring food, music, speakers, and a film honoring the late Sen. Paul Wellstone, attracted about 250 attendees in December. In February, NAMI presented its seventh annual Research Dinner, where doctors shared their latest psychiatric findings, and in May our Spring Gala, *Music for the Mind*, attracted record crowds and donors. For the first time this summer, NAMI Minnesota had a presence at the Great Minnesota Get Together, the State Fair, with a booth that attracted over 6,000 visitors and established 500 new trial memberships.

Also new this year, “Get to Know NAMI” gatherings provide a look into our programs and advocacy work, offering a time and place to introduce friends and family to our organization. Held in February, March, April, and May, the events featured guest speakers such as author Andrew Gadtke and attorney Lori Guzman.

Media outreach also helps spread our message to the general public. Our organization continues to serve as a media resource, with NAMI Minnesota appearing more this year in newspapers and periodicals than the past two years combined. Twenty billboards throughout the metro area, as well as appearances on major television networks, continue to reinforce NAMI as the “go to” organization for the media when seeking information on mental illness.
HOPE through support

“Cause nobody but nobody can make it out here alone.” — Maya Angelou

Isolation is one of the most damaging effects of mental illness. To counter the silence, NAMI Minnesota offers more than 35 free support groups, providing connection to one another and to the community. NAMI Connection, NAMI-CARE, and Open Door Groups offer support to any individual recovering from a mental illness. Vet Connections offer support for returning vets to help cope with reintegration issues. Family-to-Family Groups provide family and friends of people with mental illness an opportunity to meet with others who share their concerns, to compare experiences and to learn from each other.

For youth affected by mental illness, The Silver Ribbon Campaign offers a school supported, student directed program aimed at erasing stigma and raising awareness of mental health issues at the high school level. Kidshops is a four-hour Saturday session where children learn about their family member’s mental illness, and share their feelings in a safe, supportive environment.

A parent described Kidshops as “the best thing that has happened for my daughter. She loves coming here.” A youth participant reported, “It has really helped me understand more about my father’s illness.”

When we understand, we can better help those we love. This understanding goes a long way to support parents of children with mental illness.

“Every single parent is in pain when their child is in pain. There’s just no doubt about that.” — Eva Neubeck, Social Worker, South High School

As a parent of a child with a mental illness, you wonder if it is you, if you did something wrong or if it was your fault. The illness is hard enough, but silence only adds to the isolation. Parent Groups provide an opportunity for parents and caregivers of children with mental illnesses to share similar experiences, discover resources, and learn coping skills. All of the support groups are peer-to-peer.

“Having someone to talk to is a huge asset. In dealing with my situation with my daughter, I wish I had gotten involved with NAMI sooner. Instead of stumbling through it alone, you are able to have contact with someone, someone who has done this before and can help you through it.”
— Kerry Faste, Parent

Kerry shares her experience in a video produced by NAMI called Keeping Families Together - Understanding the Legal and Family Perspectives on Voluntary Placement. New legislation now allows parents to retain custody of their child while they are in residential mental health treatment. Removing a child from home can be a terrifying decision, and the video speaks to this process, creating a clear path for families by sharing the stories of those who have gone before them.
Hope through advocacy

“Never doubt that a small group of thoughtful, committed citizens can change the world; indeed, it’s the only thing that ever has.” – Margaret Mead

To engage elected officials and policy makers to create a better mental health system, we embark on an aggressive plan for advocacy that includes personal stories, letters, and testimony from NAMI leaders and community members. Main issues this year centered on the Seclusion and Restraint bill and maintaining MinnesotaCare benefits. A lot of work was also done this session to streamline special education laws to match federal laws.

“The Minnesota School Boards Associations worked with NAMI on a rewrite of special education laws governing K-12 students. We found NAMI’s lobbyist Sue Abderholden to be very professional and knowledgeable. Our work together resulted in better, more student focused schools in Minnesota.” – Grace Keliher, Director of Governmental Relations, MN School Boards Association

Our lead issue, and the most controversial, advocated for policy change was limiting the use of seclusion and restraints in the schools. The use of physical restraint, as well as isolation rooms designed for “time-outs,” places children at risk of being harmed. No evidence suggests these methods are effective at changing behavior and reports of harm to children in Minnesota and around the country have been publicized. Working with experts this summer to create a consensus across all providers who serve children, the bill NAMI proposed now limits the use of seclusion and restraint to emergency situations only, requiring specialized training and reporting for staff.

“This issue is an example where my role was to support and assist while NAMI led and taught. What NAMI brings to the capitol is the respected authority on mental health issues, so when they lead, I follow. It was a joy to work on because I knew it was meaningful work, affecting people all across the state, and Sue [Abderholden] had the big picture, the details, the players and the process. Everybody keeps saying nice things to me for the bill and really, it was a great example of smart people who know the issues, know how to work the process, and are respected by everyone involved. NAMI didn’t play a part in getting the bill passed, NAMI was the part.” – Representative Jim Davnie

To speak out against the proposed elimination of MinnesotaCare, hundreds of people with mental illness, their families, and mental health providers gathered at the State Capitol in March. Several high school students shared the podium to address the importance of teen mental health. Rally speakers included several legislators who encouraged advocates to share their stories.

“As a person in a family with members that suffer from serious and persistent mental illness, I know that telling the story isn’t always easy. But it is important because legislators need to understand. They may not see the situations you face, and so it is important that they hear about them.” – Senator Linda Berglin
"The folks that have just spoken before me have all carried forward Wellstone’s legacy, and you, here today, are also carrying Paul Wellstone’s legacy with mental health parity and the need to provide quality health care. Thank you so much!” – Representative Kim Norton

“It’s great to have people speaking out for mental health. It’s great to have the state begin to understand the importance of addressing mental health. I’m pleased that we’ve made some progress in recent years. We’ve got to say mental health is important to Minnesotans and mental health is going to be part of our health care system. And mental health is something we’re not going to give up on until we get good care.” – Senator John Marty

In the end, after all was said and done, MinnesotaCare remained, but funding for the second year of General Assistance Medical Care (GAMC) was vetoed. About 70% of the people on it have a mental illness, chemical dependency or both. NAMI published a letter to the editor in the Star Tribune on this topic, and continues work urging members to be vocal, to tell their stories, to e-mail the Governor their thoughts about what should not be cut and how important mental health care is.

“In July of 1999 our first daughter was born. Around 1 year of age she started having enormous reactions to change in routine, and wouldn’t eat for days. I took her to the pediatrician, repeatedly asking for help. I was told that she would grow out of it.

“My daughter didn’t grow out of it. She continued to have enormous reactions to simple change. Today, she has a diagnosis of ADHD, anxiety disorder and learning disabilities, and a team of professionals that work with her and our family to provide the support and resources necessary for her well-being. These programs have made a tremendous impact on my daughter getting better.

“I started attending a local support group sponsored by NAMI. I met other parents dealing with the same problems I was. I learned that I was not alone. And like many of the parents, I had to become my family’s super hero.

“I have no background in social work, education, or public speaking. I am just an ordinary person. Understand the enormous influence you have and use your time wisely. Join me in speaking to your legislators. Help them understand that mental illness is not a personal weakness, character flaw or choice. Mental illness is a medical condition that often requires treatment. Give your legislator a solid reason to say YES for disability dollars. Programs that support children and adults with mental illness help everyone.” – Diane Allen, parent
“The more involved you get with youth issues the more you realize all the problems with mental health and juvenile justice. It just keeps coming up.” – Representative Joe Mullery

There are many big issues waiting for us on the road ahead. Recent statistics released from the DOC reveal that 70% of youth in Minnesota’s juvenile justice systems have mental illness. While it is clear that these youth need to be diverted, no system yet exists to help parents navigate and advocate for their child. This issue points to the larger picture of a nation with its mental health care in crisis, the average grade of D as rated in 2009 by the National Alliance on Mental Illness, Grading the States. Minnesota’s own grade of a C, while at least above the national average, demonstrates that more can be done. “We have made some progress, but we clearly have a long way to go before we have a system that truly provides mental health services when and where they are needed,” said NAMI Minnesota Executive Director, Sue Abderholden. And so we carry on.

Every day NAMI helps an individual or family member understand how to move forward with recovery. Every day, information is mailed out or downloaded from our Website. Each week, one or more classes are held throughout the state. Every year, even during tough economic times, a positive change is made in the mental health system, making it more accessible and improving the quality of life for both children and adults.

Yes, we have a long way to go, but we have come far. And so we enter a new year together, one step at a time, with hope for what we will do better in 2010.
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Western Mental Health Center, Inc.
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Douglas & Carolyn White
Lars White
Ann White
Mayata White
Diane Whiting
Steve Wickelgren
Jim & Virginia Wieland
Tom & Joann Wiita
Alyson Wilhelm
Troy A. Will
Serena Willey
Anthony & Mary Williams
Nancy Williams
Kyle Williams
Sharleen Williams
Susanna Williams
Peter & Margaret Willis
Lawrence & DeAnne Willman
Dan & Laurie Wilson
Bridgette Wilson
Janet Windmeier
Jerry & Vonnie Winters
Stephen Winters
Amber Winterstein
Laura Winterstein
Brian Wipf
Harriet Wishnick
Ruth Wittrock
Lurene Witzig
David & Teresa Wobbema
Robin Wold
Hugo & Agnes Wolf
Dixie Wolfe
Janice Wolhart
Roman & Margaret Wolke
Christine Wood
Nancy Wood
Woodland Center
Karín Worline
Pat Wright
Brad Wronski
Robert Wrubel
Romona E. Wuertz Maselter
David Wuollet
Peter & Peggy Yackel
Ellen Yager
Frank Yakish
Pao Yang
Stuart & Diane Yellen
John & Christine Yilek
Daniel & Nancy Young-Dixon
Monica Zachau
Pat Zachau
Kenneth Zak
Carla Zbacnik
Lyle Zemke
Robert & Mary Ann Zenz
Dick Zetah
Mary Lou Ziebarth
Clayton & Alice Ziebarth
Jake Ziebarth
Robert & Rita Zignego
John & Elaine Zimmer
Ben & Brenda Zimmerman
John Zingsheim
Sarah Zirenheil
Rachael Zuleger
Joseph & JoAnn Zwack
Valeria Zwak
IN KIND DONATIONS
Sue Abderholden
Abdullah Candies
Acapulco Mexican Restaurant
John A. Anderson
Rick Anderson
Robby Anderson
Marion Angelica
Anonymous and Josie Daly
Arthur Murray Dance
Mary Jean Babcock
Ballet of the Dolls
Banjo Brothers Minnehaha Bag Co.
Bar Abilene
Barbette
Ashley Barlow
Bay Street Shoes
BayView Event Center
Bibelot
Julie-Anne Bjerke
Black Forest
Therese Blaine
Bloomington Civic Theater
Bill Bond
Brave New Workshop
Broadway Across America
Bryant Lake Bowl
Café Latte
Canterbury Park
Roger and Janet Ruth Carlson
Chanhassen Theater
Charter Cruises
Cheesecake Factory
Coborns Delivers
Coca Cola Midwest
Cindy Colson
Commonwealth Theater
CorePower Yoga
Cragun’s Conference and Golf Resort
Cub
Cuisine Concepts
Gail Dorfman
Dunn Brothers Coffee
Dynamex
East Lake Liquor Store
Todd Edholm
Nikki & Jon Edwards
Employee Benefits Group, LLC
Enerchi Massage
Evolution
Feisty Girl Art
Fillmore House B&B
Finken Water Centers
Lisa First
FM 107
Franklin Street Bakery
General Mills
Allen Gisbas
Gail Gislason
Richard Goodwin
Grand Casino
Grand Casino Mille Lacs
Grandma's Restaurant
Ellie Graves
Richard Graves
Great Harvest Bakery
Great Lakes Aquarium
Ruth Greewald
 Guthrie Theater
Haskell's Wine
Saundra Hayden
Les Heinen
History Theatre
Hockey City Pub
Anna Mae Hogan
Hogards
HOM furniture
Marya Hornbacher
House of Wong
Mary Hovind
Laura Ibsen
Ichiban
Illusion Theater
Jerry's Foods
Joe Gibbs Racing
Joe Mauer, c/o Teresa Mauer
Joe's Grill
Jon Charles Salon
Amy Jones
Jungle Theater
KARE 11
Key's Restaurant
Kay King
Chris Kline
Dorothy Raetz Kunze
Kline Nissan
Chuck Krueger
Let's Dish
Jennifer Lenzen
Lifetime Fitness
Barb Lindberg
Lulu Gals
Laurie MacLeod
MaMa Maria's Italian Restaurant
Maplewood Toyota
Marc Daniels
Johanna Hanssen
Mary Jo Havens
McCormick & Schmick's
Gary Melquist
Menards
Metro Transit
Anna Meyer
Midwest Kettlecorn
Donald and Carolyn Miller
Minneapolis Yoga Studio
Minnesota Orchestra
Minnesota Timberwolves
Minnesota Twins
Minnesota Vikings
Minnesota Wild
Mixed Blood
MN Dance Theater
MN Landscape Arboretum
MN State Fair
MOA
Maureen Moo-Dodge
Armando Moreno (In Memorium)
Jerad Morey
Mystic Lake Hotel and Casino
NAMI Hennepin County
Eva Neubeck
Lorene Novak
Olde Garden
Ordway Center
Pearson’s Candy Company
Pink Lotus, LLC
Pizza Lucé
Potbelly
Premier Bank
Rainbow Foods
Rep. Jim Ramstad
Catherine Roach
Chuck and Ginny Roach
Roasted Pear
Roller Girls
Roseville Bakery
Round Barn Farm – Bed, Breakfast, and Bread
Ruth Keenan Ryan
Salon SaBel
Sam’s Club
Sanctuary Salonspa
Rick Schaffhausen
Suzette Scheele
Helen Schneider
Dan and Mary Schulte
Herm and Mary Schulte
Patti and Mark Schulte
Sherri Hakes - SherWare Creative
Jan Shepherd
Skin Care by Marge
Ivan Sletten
Smiling Dog Pet Care
Sonnie’s
Southern Theater
Southwest Airlines
Anita Speltz
St. Paul Guild
Eileen Stack
Steven Accola
Steven Loop
Maxine Stewart
Cristina Stutler
Summit Brewing Company
Target
TEJAS Restaurant
Theater in the Round
Thomas Liquor
Tony’s Hair Fashion
Trader Joe’s
Treasure Island Casino
Tucci Bennucc
Tuthills Balloon Emporium
Valley Fair
Mary Vorhes
WA Frost & Co.
Walgreens
Walker Art Center
Watkins Spice Company
Wedge Co-Op
Wellness Center
Wellspring Health Center
Bob Were
Shelley White
Whitney Worldwide & Whitney Marketing
Wild Mountain Ski
Wilderness at Fortune Bay
Laura Winterstein
Zelle Glass Studio

IN MEMORIUM

ANNE

Blake Sunshine Club

BENJAMIN ALDEN
Anna Parker
Alision & Andrew Mellin
Predictive Care Team at McKesson
Steven & Ann Herzog Morrison

KEITH ANDERSON
Harold & Catherine Davis Anderson
Richard & Martha Coombs
Bernadine Eyman
Edward & Judith Larsen
Jim & Donna Larson
Coco Keim
Herman & Mary Schulte

MICHAEL BEAGAN
Nancy Nelson
Susan Solomon
Kelleher Construction, Inc.

STEPHEN L. BOEHRER
John & Kathryn Edlebeck

WILLIAM BRADY
Holly & Pat Downing
PAUL J. BURKE
Kathleen M. Burke & family

JANET DAVIDSON
Nancy J. Anderson
Peter L. Anderson
Betty Atkinson
Katherine Cornelius
City-County Federal Credit Union
Robert Davidson
Gladys Gudahl
Linda Hughes
James & Donnarae Louricas
Millie Marsh
Mary & David Maas
Thomas Mahoney
Lois Myers
NAMI Forensic Network
Gregory & Phyllis Owen
Charlie Rudsdil
Jeanette Rudsdil
Arnie & Muriel Sather
Lois & Jack Schorle
Gary & Lisa Thorvig
Douglas & Carolyn White

STEVE DAVIDSON
Michael & Roberta Anderson

PATRICIA DONOVAN
Pete & Sandy Menge

MICHAEL DAVID DOWDALL
Nancy Collins, M.D.

PETER ERSPAMER
Kathryn Thompson
Jean Erspamer

ANNIE FUCHS
Jan Fuchs
Fuchs Family

GLENN HALLOWELL
Anthony & Mary Williams
Scott & Jeanne Sherwood
Deborah L. Smith
Arlene Teitelbaum
Friends of Barbara Kremens
Raia Meltzer

CHAR HATTEN
Doris Gritti

LILLIAN HEIL
Kathleen Pettit

THOMAS HOLMES
Dorothy Holmes

KEVIN HORVAT
Mark Frye

AARON JOHNSON
Joan Bonello
Mao Kim & Family
Gary & Judy Gordon
Robert & Catherine Engelhardt
Savanna Borne
Jim Bartingale
Jim Andrews
Win Simons
Sue Aberdenholden & Lee Keller
Jeanine Arnten
Stephen & Cheryl Baldwin
Jean Barke
Jenna Barke
John, Jan, & Joe Barke
Sarah Barnes
John & Annette Batcher
Scott & Jean Batcher
Don & Martha Becker
Mary Alice Blais
D.W. Bricher
Bob & Nancy Broberg
Chuck & Joni Brost
Louie & Jeff Buron
Stephen & Sandra Burwell
Patrick & Sheryl Cain
Kathie Cech
Jenn & Hsiao Chun Chan Family
Pat & Sandy Corcoran
Abraham & Christine Cyr
Donald & Sally Darling
Patrick & Kay Devaney
Richard & Cynthia Doody
Joseph & Claudia Dubord
Jess Allen & Diane Joy Eichhorn
Heidi & Tom Ellerman
Stephen & Kathleen Enzler
Reed & Mary Lou Erickson
John & Mary Faltesek
Ginny Fischer & Family
Janet Freund
Stephen Freund
Barbara Gacek
Richard Galena
Richard & Jan Lynn Gauger
Steven & Debra Geske
John & Gail Gislason Jr.
Grand Wheeler Sinclair II
Joe & Trudi Green
Joseph Green
Mark & LaRae Gregory
Susan Grun

Vernon & Geraldine Gunderson
Randall & Lynette Gustafson
Betty & Francis Hagen
David & Terri Hansen
Mallory Hansen
Mallory Hanson
Laurie Harvey
Douglas & Janelle Helm
Kristopher & Amy Helm
Ronald Lee Hendrickson
Denise Heuer
Archie & Carroll Jackson
Ken & Sherry Jechorek
Dennis & Kathryn Johnson
Rick & Bernadette Johnson
Roger & Margaret Johnson
Norma Keeney
Dan & Kathleen Keeney-Fethkenher
Tom & Sue Keller
Bob & Sandy Klas
Louise Klas
Richard & Ellen Klein
Joan Klocow
Peter & Ingrid Koller
John Landree
Tim & Jean Lauth
Mark Lethert
Michael & Rose Lethert
Richard & Margaret Lidstad
Kathryn McDonough
Kyle & Mavis McKeever
Margaret Mealey
Tammy Meister
Raymond Monsor
Patty & Jim Mullen
Wesley Miller & Nancy Nelson
Don & Pat Noyes
Katherine M. O’Brien
Peter & Bonita Olins
Mark & Kristine Olson
Mary Olson
Park Midway Bank
Skip & Betty Pitzen
Brian Plotscher
William & Sona Plummer
Eric & Rochell Prigge
Bryan & Jessica Reed
Brenda Reuter
Elizabeth Riggs
Keith & Barbara Robberstad
Jeanne Rogers
Ruth Rudolph
Brenda Rueter
Donn & Linda Satrom
Muriel Scarp
William & Maureen Schroepfer
Herman & Mary Schulte
W.E. & J.E. Schulze
CHRISTOPHER WRIGHT
Living History Farms Race

IN HONOR OF
Kirsten & Jake Jacobson
Al & Pat Rousseau
Christine Dykhouse

Vern & Anna Mae Hogan’s 50th
Wedding Anniversary
Ervin & Beverly Barrett
Darlene Laube
Joe & Joann Zwack

Kyle White
Joseph & Sarah Eibert

Carol Sorensen
Dick & Harriet Sells

Christopher Simodet
Gene & Marilyn Martin

Josie Daly
Sarah Zirnhelt

Gifts listed were received between July 1, 2007 – June 30, 2008. Please accept our apology if your name is misspelled or missing in any of the lists of this report. Please call Michelle Greene at 651-645-2948 to correct our records.
Provider of the Year Award
HSI

Professional of the Year Award
Jean Allen

Faith Community of the Year Award
Gloria Dei Luther Church

Media Award
Marie Nitke, Grand Rapids newsletter

Legislator of the Year Award
Senator. Patricia Torres Ray
Representative. Larry Hosch

Law Enforcement of the Year
Steve Wickelgren

Benefactor of the Year
Phyllis Johnson

Leadership Award
Kay Trainor

Consumer Advocate of the Year
Lori Shepherd

Volunteer of the Year
Will Susens

Volunteer Couple of the Year
Bob and Patty Holycross

Office Volunteer of the Year
Bindi Shah

Intern of the Year
Mara Calvert

Lifetime Achievement Award
Sandy Menge
Statement of Financial Position  
June 30, 2009 (With Comparative Totals for 2008)

<table>
<thead>
<tr>
<th>assets</th>
<th>2009</th>
<th>2008</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cash and cash equivalents</td>
<td>$390,875</td>
<td>$194,425</td>
</tr>
<tr>
<td>Cash held for others</td>
<td>17,038</td>
<td>8,274</td>
</tr>
<tr>
<td>Promises to give</td>
<td>80,000</td>
<td>205,000</td>
</tr>
<tr>
<td>Accounts receivable</td>
<td>88,226</td>
<td>45,627</td>
</tr>
<tr>
<td>Inventory</td>
<td>7,080</td>
<td>10,019</td>
</tr>
<tr>
<td>Prepaid and other assets</td>
<td>12,256</td>
<td>19,736</td>
</tr>
<tr>
<td>Furniture and equipment, less accumulated depreciation of $27,753 in 2009 and $22,214 in 2008</td>
<td>16,991</td>
<td>18,930</td>
</tr>
<tr>
<td>Beneficial interest in funds held by others</td>
<td>121,203</td>
<td>167,377</td>
</tr>
<tr>
<td><strong>total assets</strong></td>
<td><strong>$733,669</strong></td>
<td><strong>$669,388</strong></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>liabilities</th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Accounts payable</td>
<td>$39,886</td>
<td>$28,963</td>
</tr>
<tr>
<td>Accrued expenses</td>
<td>10,784</td>
<td>8,090</td>
</tr>
<tr>
<td>Funds held for others</td>
<td>17,038</td>
<td>8,274</td>
</tr>
<tr>
<td><strong>total liabilities</strong></td>
<td><strong>67,708</strong></td>
<td><strong>45,327</strong></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>net assets</th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Unrestricted net assets:</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Beneficial interest in funds held by others</td>
<td>121,203</td>
<td>167,377</td>
</tr>
<tr>
<td>Other</td>
<td>36,923</td>
<td>91,448</td>
</tr>
<tr>
<td><strong>total unrestricted net assets</strong></td>
<td><strong>158,126</strong></td>
<td><strong>258,825</strong></td>
</tr>
</tbody>
</table>

| Temporarily restricted net assets            | 452,928   | 310,329   |
| Permanently restricted net assets - endowment fund | 54,907    | 54,907    |
| **total net assets**                        | **665,961** | **624,061** |

| **total liabilities and net assets**         | **$733,669** | **$669,388** |
# Statement of Activities and Changes in Net Assets

For the Year Ended June 30, 2009 (With Comparative Totals for 2008)

<table>
<thead>
<tr>
<th></th>
<th>unrestricted</th>
<th>temporarily restricted</th>
<th>permanently restricted</th>
<th>2009</th>
<th>2008</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Support and revenues:</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Contributions</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Individuals</td>
<td>236,384</td>
<td></td>
<td></td>
<td>236,384</td>
<td>105,659</td>
</tr>
<tr>
<td>Foundations</td>
<td>199,874</td>
<td>117,940</td>
<td></td>
<td>317,814</td>
<td>584,878</td>
</tr>
<tr>
<td>Received as fiscal sponsor</td>
<td>399,716</td>
<td></td>
<td></td>
<td>399,716</td>
<td></td>
</tr>
<tr>
<td>Government grants</td>
<td>226,988</td>
<td></td>
<td></td>
<td>226,988</td>
<td>146,705</td>
</tr>
<tr>
<td>Membership dues</td>
<td>28,106</td>
<td></td>
<td></td>
<td>28,106</td>
<td>28,304</td>
</tr>
<tr>
<td>Interest income</td>
<td>1,388</td>
<td></td>
<td></td>
<td>1,388</td>
<td>5,635</td>
</tr>
<tr>
<td>Net investment income (loss) on funds held by others</td>
<td>(39,231)</td>
<td>(39,231)</td>
<td>(6,692)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Conference</td>
<td>45,224</td>
<td></td>
<td></td>
<td>45,224</td>
<td>40,119</td>
</tr>
<tr>
<td>Special events</td>
<td>69,796</td>
<td></td>
<td></td>
<td>69,796</td>
<td>83,737</td>
</tr>
<tr>
<td>Less: costs of direct benefits to contributors</td>
<td>(12,443)</td>
<td>(12,443)</td>
<td>(13,208)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Merchandise sales, net</td>
<td>1,877</td>
<td></td>
<td></td>
<td>1,877</td>
<td>14,355</td>
</tr>
<tr>
<td>Net assets released from restrictions satisfied by purpose and time</td>
<td>375,057</td>
<td>(375,057)</td>
<td></td>
<td>375,057</td>
<td></td>
</tr>
<tr>
<td>Miscellaneous</td>
<td>914</td>
<td></td>
<td></td>
<td>914</td>
<td>3,140</td>
</tr>
<tr>
<td><strong>Total revenues and other support</strong></td>
<td>1,133,934</td>
<td>142,599</td>
<td>1,276,533</td>
<td>992,632</td>
<td></td>
</tr>
</tbody>
</table>
Statement of Activities and Changes in Net Assets
For the Year Ended June 30, 2009 (With Comparative Totals for 2008)

<table>
<thead>
<tr>
<th></th>
<th>unrestricted</th>
<th>temporarily restricted</th>
<th>permanently restricted</th>
<th>total</th>
<th>2008</th>
</tr>
</thead>
<tbody>
<tr>
<td>Expenses:</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Program services:</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Education</td>
<td>684,765</td>
<td></td>
<td></td>
<td>684,765</td>
<td>455,364</td>
</tr>
<tr>
<td>and support</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Information</td>
<td>86,163</td>
<td></td>
<td></td>
<td>86,163</td>
<td>96,469</td>
</tr>
<tr>
<td>and advocacy</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Public awareness</td>
<td>142,071</td>
<td></td>
<td></td>
<td>142,071</td>
<td>122,568</td>
</tr>
<tr>
<td>Public policy</td>
<td>66,847</td>
<td></td>
<td></td>
<td>66,847</td>
<td>61,410</td>
</tr>
<tr>
<td>Membership</td>
<td>59,337</td>
<td></td>
<td></td>
<td>59,337</td>
<td>67,371</td>
</tr>
<tr>
<td>Total program services</td>
<td>1,039,183</td>
<td></td>
<td></td>
<td>1,039,183</td>
<td>803,182</td>
</tr>
<tr>
<td>Supporting services:</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Management</td>
<td>106,273</td>
<td></td>
<td></td>
<td>106,273</td>
<td>68,139</td>
</tr>
<tr>
<td>and general</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Fundraising</td>
<td>89,177</td>
<td></td>
<td></td>
<td>89,177</td>
<td>119,397</td>
</tr>
<tr>
<td>Total expenses</td>
<td>1,234,633</td>
<td></td>
<td></td>
<td>1,234,633</td>
<td>990,718</td>
</tr>
<tr>
<td>Increase in net assets</td>
<td>(100,699)</td>
<td>142,599</td>
<td></td>
<td>41,900</td>
<td>1,914</td>
</tr>
<tr>
<td>Net assets at beginning of year</td>
<td>258,825</td>
<td>310,329</td>
<td>54,907</td>
<td>624,061</td>
<td>622,147</td>
</tr>
<tr>
<td>Net assets at end of year</td>
<td>$158,126</td>
<td>$452,928</td>
<td>$54,907</td>
<td>$665,961</td>
<td>$624,061</td>
</tr>
</tbody>
</table>
2009

Expenses
- education (55%)
- information and advocacy (7%)
- public awareness (12%)
- public policy (5%)
- membership (5%)
- management and general (9%)
- fundraising (7%)

Revenue
- contributions individuals (18%)
- contributions foundations (25%)
- fiscal sponsorship (31%)
- government grants (18%)
- membership dues (2%)
- fundraising events (5%)
- conference (4%)
- interest (-3%)