Working to improve the lives of children and adults living with mental illnesses and their families.

Mission: NAMI Minnesota’s mission is to champion justice, dignity, and respect for all Minnesotans affected by mental illness. Through education, advocacy, and support, NAMI Minnesota pursues its goals to eliminate the pervasive stigma of mental illness, effect positive changes in the mental health system, and increase the public and professional understanding of mental illness.
NAMI MINNESOTA’S MISSION IS TO CHAMPION JUSTICE, DIGNITY, AND RESPECT FOR ALL PEOPLE AFFECTED BY MENTAL ILLNESS (BIOLOGICAL BRAIN DISORDERS). THROUGH EDUCATION, ADVOCACY, AND SUPPORT, WE STRIVE TO ELIMINATE THE PERVERSIVE STIGMA OF MENTAL ILLNESS, EFFECT POSITIVE CHANGES IN THE MENTAL HEALTH SYSTEM, AND INCREASE THE PUBLIC AND PROFESSIONAL UNDERSTANDING OF MENTAL ILLNESS.

“The tree is more than first a seed, then a stem, then a living trunk, and then dead timber. The tree is a slow, enduring force straining to win the sky.”
-ANTOINE DE SAINT-EXUPÉRY

NAMI Minnesota’s Tree of Hope was planted at the 2010 NAMIWalks. Walking for the people we love and for the cause that draws us together, we shared messages of hope to honor loved ones and to tell our personal stories. Like the leaves of a tree reaching toward the sky, we walked to build energy — each of us doing our part to further our mission.

Much like the growth of a tree, 2011 was about deepening our roots, broadening our reach and bringing new programs to life. NAMI continued to build upon its core mission to provide education, support and advocacy for children and adults with mental illnesses and their families. We ended 2011 on a high note by exceeding all the benchmarks set for this year. We added more classes and workshops, we increased our reach statewide, we forged new collaborations and implemented exciting new ways to reach out and reduce the stigma surrounding mental illnesses.
EXPANDING EDUCATION

“The class was a lifeline to me. It gave me hope and empathy.”
– A CLASS PARTICIPANT.

The burden placed on people who live with a mental illness and their families is great. They are seemingly cornered in a world that does not understand them, a health care system that does not treat them with respect, public funding that is limited compared to the numbers affected, and a community that does not support them.

Education is at the core of NAMI’s mission. NAMI works to educate families, professionals and the general public about mental illnesses to increase understanding and break down the wall of stigma that surrounds it. In 2011, NAMI Minnesota reached thousands of individuals by sponsoring free workshops in nearly every region of the state.

Educating Families
Families and loved ones who care for someone with a serious mental illness face great stress which can have an impact on their own well-being. NAMI’s classes offer coping strategies, current information, support and hope. Classes include Family-to-Family, Hope for Recovery, Family Connections, Children’s Challenging Behaviors, What Works What Helps, Mental Health Crisis Planning for Families, and more. We recently revised our Children’s Challenging Behaviors curriculum to include the impact of trauma and historical racism for the American Indian and African American communities and provided our Hope for Recovery class in Spanish.

Educating Professionals
Knowing that professionals have an impact on how children and adults and their families are treated, NAMI provides classes for professionals, including Mental Health First Aid and special trainings for jail staff, teachers, mental health professionals, hospital staff, children’s residential staff and others. New this year is the Emergency Department Means Restriction Education Program.

Educating the Public
NAMI held its annual research dinner with the University of Minnesota to showcase the results of new research and progress being made toward a greater scientific understanding of mental illnesses. The event featured four of Minnesota’s leading psychiatric researchers and special guest Judith Werner, journalist and author of “We’ve Got Issues – Children and Parents In the Age of Medication.” The Beyond the Baby Blues conference, featured keynote speaker JoAnne Solchaney, Ph.D., ARNP who spoke about the cutting-edge issues in mental health and the perinatal period. The NAMI annual state conference featured keynote speaker Andrew Sperling, NAMI’s National Director of Federal Legislative Advocacy.

New in Education

NAMI Minnesota launched three new educational programs in 2011

- **Means Restriction Training:** This course, funded by the Minnesota Department of Health, provides much needed training for medical professionals, crisis responders, and mental health center staff to learn how to educate families on the importance of restricting access to lethal means when a child is at risk of suicide.

- **Family Connections – Borderline Personality Class:** This course for family members who have a loved one with Borderline Personality Disorder provides the most current information on Borderline Personality Disorder, teaches coping skills based on Dialectical Behavior Therapy, and helps families develop a support network.

- **Compassion in Action:** Recognizing and Responding to Patients with Mental Illnesses: This is an online learning program for hospital staff and health care personnel funded by the Wasie Foundation. It’s designed to ensure people with mental illnesses receive appropriate medical treatment by building empathy towards people living with mental illnesses.

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the numbers

- NAMI sponsored 89 free workshops statewide that were attended by over 1,000 people who have a family member with a mental illness.
- On NAMI class evaluations 85 percent of participants reported that they developed skills or learned strategies that will help them improve their own mental health, the mental health of a loved one, or the mental health of their clients.
- NAMI held 71 classes to educate over 2000 professionals on mental illnesses.
- Over 600 people attended one of NAMI’s three conferences.
MEANS RESTRICTION REDUCES RISK IN A CONCRETE WAY

“Every time I give out a lock I quietly thank NAMI. It’s something directly related to their efforts — we have gunlocks thanks to NAMI.”

– Susan Burns (Social Worker, Child Crisis, Fairview Riverside Hospital)

Susan Burns, Senior Psychiatric Social Worker for Hennepin County Child Crisis, participated in NAMI Minnesota’s new Means Restriction training and says she has instituted the Means Restriction approach with nearly every family with whom she works.

“The purpose is very simple – to reduce risk of suicide and self-harm, and to empower parents to do everything they can to reduce access to lethal means,” says Burns. She continues “In the world of mental health issues with teenagers there’s so much that falls outside of the realm of control of families. Means Restriction is one of the concrete steps parents can take to keep kids safe from additional suicide attempts or self-injurious behaviors.”

In addition to outlining plans for problem solving and critical follow-up calls and support, learning how to problem solve with families through the Means Restriction program, NAMI Minnesota gives medical professionals tools to keep guns or excessive amounts of medication away from individuals at risk of suicide or self-harm by providing gun locks and lock boxes at no charge. “Every time I give out a lock I quietly thank NAMI. It’s something directly related to their efforts – we have gunlocks thanks to NAMI,” Burns says.

The Means Restriction program is an important new way NAMI provides solutions to the challenges faced by children with mental illnesses, and the people supporting them.

DEEPENING SUPPORT

“We must do everything within our power to remove the stigma associated with mental illness so that families who feel hopeless and isolated will seek out the resources available to their loved ones.” – Tracey Newman, NAMI Minnesota Volunteer

NAMI offered 49 ongoing peer-to-peer support groups across the state for family members, adults living with a mental illness, parents of children, spouses/partners, veterans and LGBTQ-identified people. NAMI fielded more than 4,000 calls to our helpline from people seeking advice and resources.

NAMI Volunteer — Tracey Newman

Tracey Newman is an active member and volunteer of NAMI Minnesota, serving on the Criminal Justice Committee, African American Advisory Board, Sharing Hope Program Committee, and facilitating a support group for parents with children with mental illnesses.

Newman’s son lives with a mental illness and as she learned to navigate the mental health system on her own, she found that the stigma surrounding mental illness was sometimes as challenging as the diagnosis and the search for help.

“We must do everything within our power to remove the stigma associated with mental illnesses so that families who feel hopeless and isolated will seek out the resources available to their loved ones.” Newman says.

“The purpose is very simple – to reduce risk of suicide and self-harm, and to empower parents to do everything they can to reduce access to lethal means,” says Burns. She continues “In the world of mental health issues with teenagers there’s so much that falls outside of the realm of control of families. Means Restriction is one of the concrete steps parents can take to keep kids safe from additional suicide attempts or self-injurious behaviors.”

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The Means Restriction program is an important new way NAMI provides solutions to the challenges faced by children with mental illnesses, and the people supporting them.
“The ideal outcome of the Anti-Stigma Project would be that I never hear derogatory comments about people with mental illness -- that they’re seen as survivors, and they’re treated as having a medical illness.” - Wendy Waddell, Director, Regions Hospital

New in Advocacy and Public Awareness

- **Hospital Anti-Stigma Project**: This program, funded by HealthPartners and launched in conjunction with Regions Hospital and the East Metro Round Table, promotes respect, support, hope, information sharing and recovery for patients seeking mental health care in hospitals. The program provides signage and materials, offers patient, family and staff education, and connects patients and families with resources and other efforts.

- **In Our Own Voice**: This is a public education program in which people living with mental illnesses share personal stories about their struggles and recovery.

- **Social Media**: NAMI Minnesota took advantage of social media like Twitter and Facebook for the first time, expanding our reach to new audiences and participating in local, regional and national conversations about mental health public policy.

- **Legislative Action**: The 2011 legislative session was the most difficult in recent history. Faced with a large budget deficit and no increase in revenues, NAMI members worked hard to limit the cuts to the mental health system and to programs used by children and adults with mental illnesses. NAMI members came to the capitol every week to educate legislators about the programs and the impact of proposed cuts. The first week in May, which is mental health month, featured an event every day to raise awareness about the cuts.

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**BROADENING ADVOCACY & PUBLIC AWARENESS**

“NAMI’s staff and members are an essential and effective voice for better understanding and support for improved services. Truth is: their tireless efforts to build effective alliances and grassroots advocacy saves funding and lives.”

– Ron Brand, Executive Director, MN Association of Community Mental Health Programs, Inc.

Stigma is everywhere. In our newspapers where we only read stories of violence and mental illness. On our televisions where people with mental illnesses are ten times more likely to be portrayed as violent. And even in the very programs that treat mental illnesses.

Creating change is about changing laws but it is also about changing attitudes. NAMI finds creative ways to engage the public about mental illnesses in an effort to portray positive messages and end the stigma associated with it. NAMI Minnesota works to change the attitudes of policy makers on mental illnesses, effectiveness of programs and unmet needs and works to help people working in the mental health system to understand recovery and the importance of relationships.

NAMI Minnesota walks the talk. Minnesotans came from every corner of the state to raise awareness and participate in NAMIWalks, our largest anti-stigma event of year. A record number of attendees rallied at the State Capitol for Day on the Hill to protect funding for crisis services, supportive housing, personal care attendants, school-linked mental health services and more. In an effort to reduce stigma and increase understanding about mental illnesses, NAMI staff and volunteers doubled their attendance at presentations for workplaces and major conferences throughout Minnesota. NAMI was present at all major mental health conferences, jail resource fairs, health fairs and the Minnesota State Fair. NAMI’s use of social media increased and doubled the number of new visitors to our social media outlets and website.

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**the numbers**

- More than 2,800 walkers participated in NAMIWalks
- More than 700 people rallied at the Day on the Hill
- NAMI conducted 98 presentations to 3,500 people
- NAMI had booths at more than 20 events in Minnesota
- Nearly 5,000 people received a regular news e-blast twice per month
- NAMI has more than 1,000 Facebook fans and over 500 Twitter followers
- 6,000 people receive the Advocate Newsletter
- There were more than 23,433 unique visitors to The NAMI Minnesota website, and 40,017 total visitors
- 221 newspapers published 1,342 NAMI articles
- NAMI’s work was recognized with awards of appreciation from People Inc. and Resource-Spectrum Community Health
**IN OUR OWN VOICE**

When Tani Hemmila learned about the In Our Own Voice program, she was enthusiastic about its potential for educating others. She was also fearful that breaking an unwritten “code of silence and stigma” by revealing her own mental health experiences could damage her reputation and job possibilities. “That’s when I realized how much self-stigma had affected me, and I felt I needed to challenge that,” Hemmila says.

She speaks because she wants people to know they’re not alone. “I’m really moved by seeing how many people are affected by mental illnesses, either themselves or in families,” states Hemmila, “and people connect to the presentations. It’s not often that people hear about getting better and living in wellness, even though most of us do.”

Hemmila cites stigma as a significant obstacle saying “There are a lot of us in the world who have mental health struggles - it’s just a thing we deal with. Stigma is often worse than the diagnosis itself.”

She hopes that efforts like IOOV will help eliminate stigma, and allow more people to understand that mental illnesses aren’t something to be ashamed of. By speaking she hopes to make more people “aware that recovery is a reality. That’s still a key part – letting people know that recovery is possible and we don’t have to be defined by an illness.”

“Recovery is a reality...recovery is possible...we don’t have to be defined by our illnesses.”  
– Tani Hemmila, In Our Own Voices speaker

NAMI Minnesota proudly supports strong advocates like Tani Hemmila who speak publicly about living successfully with a mental illness to eliminate stigma and give hope to individuals with mental illnesses and their families.

**FIVE YEARS OF GROWTH: AN UPDATE ON OUR STRATEGIC PLAN**

“Hope is not a dream, but a way of making dreams become reality.”

– James Womack, author

In 2007 the people of NAMI Minnesota envisioned a future where NAMI Minnesota would be the driving force to provide leadership for change for Minnesotans with mental illnesses throughout the first decade of the 21st century. We dared to dream as we developed our Five-year Strategic Plan, establishing broad strategies for the future.

The strategic goals included educating individuals with mental illness; educating families and the general public about mental illness; reducing stigma; strengthening our affiliates; establishing a statewide presence; building on public policy momentum to increase mental health care funding and access to quality mental health services; and increasing funding to support NAMI's mission while building a strong network of staff and volunteers.

We set some aggressive goals, and we’re proud to say that our dreams have come true. We’ve accomplished all we set out to do and more.

**The Fruits of the Strategic Plan**

Since 2007

- the annual number of people that gained understanding by attending a class, workshop, or presentation grew from 2,900 in 2007 to more than 6,500 in 2011
- the annual number of people receiving help through our helpline increased from 3,000 in 2007 to 4,000 in 2011
- we’ve added more than 13 new ongoing peer-to-peer support groups, bringing our current total to 49 groups
- we’ve successfully completed five ‘NAMIWalks’ raising our visibility statewide, reducing stigma and raising money to continue our efforts
- we’ve doubled the number of volunteers to more than 400 to lead classes and support groups, help with projects and advocate for good mental health policies at the legislature

Each year an increasing number of individuals, families and professionals turn to NAMI Minnesota for education and support, and to make positive changes in the mental health system.

**Branching Out into the Future**

We have come along way in only five years and now it is time to look to the future. We are seeking input from the NAMI community to obtain their feedback to help inform our work for the next five years.

In addition to new initiatives we will continue to deepen our roots and broaden the reach of our core mission. Every day we will work to ensure that children and adults with mental illnesses are treated with dignity, live full rich lives in our communities and have hope for the future.
NAMI MINNESOTA 2010 AWARDS

Provider of the Year Award
Northern Pines Mental Health Center

Professional of the Year Award
Steven Harker, MD

Faith Community of the Year Award
Stairstep Foundation

Media Award
Josephine Marcotty

Legislator of the Year Award
Sen. Erickson Ropes
Rep. Frank Hornstein

Criminal Justice of the Year Award
Sgt. Bruce Christianson

Benefactor of the Year Award
Cigna

Leadership Award
Tani Hemmla

Special Events Award
Emily Johnson

Educator of the Year
Char Myklebust, MA, Psy.D.

Public Service Award
Sharon Autio, M.S. & Glenace Edwall, Ph.D.

NAMI MINNESOTA BOARD OF DIRECTORS 2010

William Bond, President
Scott Craven, 1st Vice President
Catherine Roach, 2nd Vice President
Barb Lindberg, Secretary
Steve Larson
Therese Blaine
Judith Bemis
Deborah Erickson
Shari Erickson
Donald Eubanks

NAMI MINNESOTA STAFF

Sue Abderholden, Executive Director
*Jennie Bennett, Program Assistant
*Carol Bender, NAMIWalks Coordinator
*Molly Biask, Vet Connection Coordinator
*Matt Burdick, Public Policy Assistant
*Tracey Daniels, Helpline Specialist
Cynthia Fashaw, Multicultural Outreach Director
Donna Fox, Program Director
Michelle Greene, Development Director
Laura Ibsen, Office Manager
*Liz Johnson, Data Entry Specialist
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*Samantha Kolles, Walk Coordinator
*Chuck Krueger, Communications Director
*Richard Lattimer, Native American project
Cheryl Maser Hakimi, Anti-Stigma Project Director
Anna McLaughery, Criminal Justice Project Director
*Randy Morris-Ostrom, Program Evaluation Assistant
*Lynne Peterson, Keeping Families Together Coordinator
Suzette Scheele, Director of Children’s Programs
*Steve Susens, Web & Data Management
Laura Winterstein, Volunteer Resources Director

Sue Hanson
Dave Hartford
Fred LaFleur
Karen Lloyd
Claire McLean
Allen Nelson
Ivan Sletten
Diedrich Weiss
Howard Agee, Chair Emeritus

Added after July 1, 2011
Michelle Dahn, Experienced Parent Coordinator
Diane Allen, Experienced Parent Coordinator

*indicates part-time
Glenace E. Edwall
Jonathan & Jill Eisenberg
John Elder
Joseph & Mary Elder
Deborah Erickson
Steven & Patti Erickson
Thomas Evert
Mary & Joseph Fahey
Grace Falk
Kate Flynn
Shannon Foster
Hank & Kathy Fukui
Debra Fulton
Carole Gaskell
Tom G. Geskermann
Pat Gilbertson
Lynette Gittins
Maureen Gluek
Kenneth & Debra Godbout
Sheila Graham
Richard & Mary Graves
Mary & Steve Gray
John & Becky Gronquist
Bruce & Rebecca Groom
Pamela Guthrie
Jim & Yvonne Haberle
Artis Hall
Beana Hatch
Charlene Hatfield
Janet Havens
Sandra Heideman
Fran Hendrickson
Anne Henry & Jerod Hugo Peterson
Henson & Efron Professional Assoc. Lawyers
Anne D. Herreid
Mark & Kathy Hodapp
Anne Holzinger
Honoring Women World Wide
Nancy Houiten
Wilbur & Myrl Jensen
Darlyne & Richard Johnson
Elizabeth J. Johnson
Jim Johnson & Cherri Toftey
Thomas & Kathy Johnson
Robert & Corrine Jones
David & Louise Jones
Kelly Jones
Paul & Jill Kadera
Robert & Laura Kadwell
John Kaul
Jerry & Marge Kazmierczak
Barbara Kelm
Kevin & Judy Kenney
Robert Kippley
Barbara A Kiest
Pat Koppa
Chuck Krueger
Kathleen Krypel
Mark Kuppe
David Lackman
Alexandra Lape
Mary S. Lapham
Lapp, Libra, Thomson, Stoebner & Pusch
Chartered
Joan Irene Larson
Daniel Larson
Dianna LaValle
Cindy Lavan
Renee’ Lavigne
Frances Leifer
Jennifer Laurence
Dennis Levendowski
Margaret Lindlof
Daniel & Darlene Lingofelt
Joselynne Little
G. Lundborg & Char Nycklomoe
Timothy & Bonnie Manley
Jon & Marlene Marble
Marilynn A. Martin
Sandra McDonald
Michaela McGraw
Ronald McNamara
Bev & Steven Mello
Gary Melquist
Roger L. Meyer
Cheryl A Meyer
Richard Miner
Lucy & Robert Mitchell
Mary Mogren
Christine Mueller
Ruth Muesing
Gretchen G. Musicant
Charlene Myklebust
Allan & Christine Nelson
Carol Nelson
Douglas & Laraine Nemecik
Gail & Jerry Neren
Tom & Kathy Neukom
Nancy Nonini
Warren & Beverly Nordley
John & Paul O’Lyman
Cathleen O’Leary
George Steven Oiley
Julie L. Olson
Jefferey O’Neil
Kristin R. Paule
Daniel Parnell
PCAE Foundation
Janet Rice & Peter Bachman
Curt H. Peterson
Kathleen Pettit
Thomas C. Plunkett
Kelly Regan
Dan Reidenberg
Deborah Reishaw
Marilyn Kohlfing
Charles & Mary Ann Rolando
Patrick & Dana Rondeau
Thomas & Sandra Rose
Barbara B. Roy
Vincent & Barbara Ruane
Mary Rukavina
Charlotte A. Ryan
Mary Ann & Thomas Ryan
Paul & Maggie Scanlon
William & Becky Scheig
Ann & Greg Schiffer
James & Julie Schiender
Pat Schuster
Mark & Paula Neuman Scott
Dan Seward
Ann Shields
John & Linda Shields
Thomas & Jeanne Shields
Mary & Truman Shoaff
Rita Shir
John & Maria Simmet
Richard Slieter
Kent Smith
Barb A. Smith
John & Catherine Spicola
Scott & Sarah Sphonheim
St. Cloud Hospital
Massoud Stephane
Keith & Lynn Stotts
JoAnne Streeter
William & Sheila Student Owens
Steve Susens
Sue Swendsen
Patricia Swenson
Karen Szetz
Thomas & Ann Marie Tagtmeyer
R. & Dorothy Taylor
Sandra Thompson
Michael A. Trangle
Bob & Lois Treuchel
Laverne Trick
Mary Jo Verschay
Nyla Veverka
Perry & Diane Wagamon
Gerald & Dorothea Weissman
Wells Fargo Bank, N.A.
Angela Wendt
Curt Wentz
Kathleen Westerhaus
Roger Wieman
Ruth Wittrock
Lillian Woehrle
Phyllis Wojcik & Ann Marie McIntire
Don & Fran Worden
Brian Zielman

Friend ($1–$99)
Jim Aakhus
Marva Abel
Ruth Abraham
Sandra Accola
Atashi Acharya
Steven M. Ackerson
Janet Adams
Maureen & Ina Adelman
Advocating Change Together
Russell & Lois Agrimson
Suzanne Aho
Heather MacLaughlin & Alan Johnston
Glen Albert
Jeff & Jody Alberts
Patricia Albrecht
Margaret Allegrini
Michael & Mary Ann Allen
Joe & Catherine Amato
Laurance & Helen Amsden
Kyleen Amsler
Andy Anderson
Barbara A. Anderson
Cheryl Anderson
Gary Anderson
John & Judith Anderson
Shirley Anderson
Sylvia & Marloe Anderson
Linea Anderson
Raymond & Carolyn Anderson
Warren Anderson
Roxanne Anderson & Anna Meyer
Rich & Carol Andresen
Kent Andrusky
Mark & Valerie Andrusky
Donna Anfinson
Lori Anthony
Stephen & Judy Antonello
Sharon Arbus
Sue & Allen Arndt
In Kind Donations

A. Johnson & Sons Florist
Aafusion Spa and Salon
Abdallah Candies
Sue Abderholden
American Girl
Richard Amos
John A. Anderson
Robby Anderson
Arthur Murray Dance
Ballet of the Dolls
Barbette
Barnes & Noble
Duane Baurmeister
Bayview Event Center & Charter Cruises
Carol Bender
Therese Blaine
Bill Bond
Ron Brand
Lee and Laurie Brandt
Brave New Workshop
Bryant Lake Bowl

Butterflies from Janie
Cafe Latte
Theresa Carufel
Chanhassen Dinner Theater
Cheesecake Factory
City Image Salon
Crave
Josie and Denis Daly
Dunn Bros.
Dynamex
East Lake Liquor Store
Ed & Todd Edholm & Family
Jon and Nikki Edwards
Deborah Erickson
Shari Erickson
Everest on Grand
Feisty Girl Art
Fenelon Sanctuary
First Avenue
Donna and Jeff Fox
Fraser
Ginger Hop
Gail Gislason
Grand Casino Hinckley and Mille Lacs
Grand Hair and Beyond
Richard and Mary Graves
Ruth Greenwald
Great Harvest Bread Company
Great Lakes Aquarium
Grand Casino Inneburg
Grand Hair and Beyond
Great Hair and Beyond
Grand Casino Inneburg
…

Connie Kroskin
Leitner’s Garden Center
Dorothy Leathers
Craig R. McLaren
MacDonald and Mack Architects
Mall of America
Maplewood Toyota
Don and Abby Marier
Joe Mauer & Tessa Mauer
Massage Benefits
Maynards
Sandy & Pete Menge
Metro Transit
Michael & Sara Meyers
Milwaukee Editions
Carolyn Miller and Mike and Ann Miller
Minnesota Dance Theatre
Minnesota Landscape Arboretum
Minnesota Orchestra
Minnesota Public Radio
Minnesota Timberwolves/Lynx
Minnesota Twins
Minnesota Vikings
Minnesota Wild
Mississippi Market Coop
MN State Fair
Derek Moore
Mystic Lake Hotel and Casino
NAMI Minnesota Drama Mamma’s
NAMI Minnesota Staff
National Mississippi River Museum and Aquarium
Allen & Christine Nelson
Rosemary and Joe Niesen
New Scenic Cafe
Orchadway Center
Ruth Palm
Park Square Theater
Pearson’s Candy Company
Penzey’s Spices
Joan Pinner
Plymouth Ice Arena
Punch Pizza
Radisson Hotel Bloomington
Dorothy Raetz Kunze
Red Lobster
Repair Advocates
Melissa Rice
Charles and Ginny Roach
Roasted Pear
Salon 61
Linda Sauer
Michael Schneider & Russell Sassani M.D.
Jan Shepherd and Bob Were
Leo Simmer Watercolors

Simonson’s Salon & Spa
Southern Theater
St. Paul City Ballet
Jane and Scott Steipel
Evronne Stokvis
Summit Brewing Company
Surly Brewing Company
Tandem Printing
The Mill City Museum
The Wellness Center
Thomas Liquor
Three Smooth Stones
Tom Reid’s Hockey City Pub
Tony’s Hair Fashion
Treasure Island Resort & Casino
Valley Fair
Mary Vorhes
Wabash Street Caves
Watkins
Wedge Co-Op
Deidrich Weiss
Violet Weick
Connie & Cliff Whittaker
Wild Mountain Ski
Wildwedge Golf & Mini Golf
Stephanie Will
Stephen J. Winters
Zeile Glass Studio

Joe Zwack

Cowboy Socks & Boots

Mike’s Custom Gloves

Wrist & Foot Art Designs

Tandy's Leather

Samaritan Project

Bella’s Gift Basket

Diane’s Jewelers

Minnesota Daily

FN_Hunt_Site_9A.png
# STATEMENT OF FINANCIAL POSITION

**June 30, 2011 and 2010**

### ASSETS

<table>
<thead>
<tr>
<th>Description</th>
<th>2011</th>
<th>2010</th>
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<tbody>
<tr>
<td>Cash</td>
<td>$216,178</td>
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<tr>
<td>Cash Held for Others</td>
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<td>38,287</td>
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<tr>
<td>Accounts Receivable</td>
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<tr>
<td>Prepaid Expenses</td>
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<td>Furniture and Equipment, Net</td>
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<tr>
<td>Beneficial Interest in Funds Held by Others</td>
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<td><strong>TOTAL ASSETS</strong></td>
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<td><strong>$514,260</strong></td>
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### LIABILITIES AND NET ASSETS

#### Current Liabilities

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<tr>
<th>Description</th>
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<th>2010</th>
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<td>Deferred Revenue</td>
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<td>Funds Held for Others</td>
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<td><strong>TOTAL CURRENT LIABILITIES</strong></td>
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<td><strong>$80,763</strong></td>
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#### NET ASSETS

<table>
<thead>
<tr>
<th>Description</th>
<th>2011</th>
<th>2010</th>
</tr>
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<tbody>
<tr>
<td>Unrestricted</td>
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<tr>
<td>Beneficial Interest in Funds Held by Others</td>
<td>146,379</td>
<td>126,562</td>
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<tr>
<td><strong>TOTAL UNRESTRICTED</strong></td>
<td><strong>$200,165</strong></td>
<td><strong>$168,982</strong></td>
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</tbody>
</table>

#### Temporarily Restricted

<table>
<thead>
<tr>
<th>Description</th>
<th>2011</th>
<th>2010</th>
</tr>
</thead>
<tbody>
<tr>
<td>Temporarily Restricted</td>
<td>275,622</td>
<td>209,608</td>
</tr>
<tr>
<td>Permanently Restricted</td>
<td>54,907</td>
<td>54,907</td>
</tr>
<tr>
<td><strong>TOTAL NET ASSETS</strong></td>
<td><strong>$530,694</strong></td>
<td><strong>$433,497</strong></td>
</tr>
</tbody>
</table>

**TOTAL LIABILITIES AND NET ASSETS**

<table>
<thead>
<tr>
<th>Description</th>
<th>2011</th>
<th>2010</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>TOTAL LIABILITIES AND NET ASSETS</strong></td>
<td><strong>$597,254</strong></td>
<td><strong>$514,260</strong></td>
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</table>
# Statement of Activities

**Years ended June 30, 2011 and 2010**

<table>
<thead>
<tr>
<th></th>
<th>2011 UNRESTRICTED</th>
<th>TEMPORARILY RESTRICTED</th>
<th>PERMANENTLY RESTRICTED</th>
<th>TOTAL</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>SUPPORT &amp; REVENUES</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Contributions</td>
<td></td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>Individual</td>
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<td>$36,000</td>
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<td>$398,105</td>
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<td>233,000</td>
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<td>440,635</td>
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<td>Government</td>
<td>220,358</td>
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<td>—</td>
<td>220,358</td>
</tr>
<tr>
<td>Juvenile Justice Coalition</td>
<td>153,292</td>
<td>—</td>
<td>—</td>
<td>153,292</td>
</tr>
<tr>
<td>Membership dues</td>
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<td>—</td>
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<td>19,530</td>
</tr>
<tr>
<td>Interest income</td>
<td>3,013</td>
<td>—</td>
<td>—</td>
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<tr>
<td>Investment Income on Funds Held by Others</td>
<td>26,158</td>
<td>—</td>
<td>—</td>
<td>26,158</td>
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<tr>
<td>Conference</td>
<td>31,384</td>
<td>—</td>
<td>—</td>
<td>31,384</td>
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<tr>
<td>Special Events, Net</td>
<td>58,488</td>
<td>—</td>
<td>—</td>
<td>58,488</td>
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<tr>
<td>Merchandise Sales, Net</td>
<td>600</td>
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<td>—</td>
<td>600</td>
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<tr>
<td>Miscellaneous</td>
<td>10,405</td>
<td>—</td>
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<td>10,405</td>
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<tr>
<td>Net Assets Released from Restrictions</td>
<td>356,278</td>
<td>(356,278)</td>
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</tr>
<tr>
<td><strong>TOTAL SUPPORT AND REVENUES</strong></td>
<td><strong>$1,295,954</strong></td>
<td><strong>$66,014</strong></td>
<td>—</td>
<td><strong>$1,361,968</strong></td>
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<table>
<thead>
<tr>
<th></th>
<th>2010 UNRESTRICTED</th>
<th>TEMPORARILY RESTRICTED</th>
<th>PERMANENTLY RESTRICTED</th>
<th>TOTAL</th>
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</thead>
<tbody>
<tr>
<td><strong>SUPPORT &amp; REVENUES</strong></td>
<td></td>
<td></td>
<td></td>
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</tr>
<tr>
<td>Contributions</td>
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<tr>
<td>Individual</td>
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<td>$16,931</td>
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<td>$296,264</td>
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<td>Foundations</td>
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<td>226,784</td>
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<td>413,639</td>
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<td>Government</td>
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<td>166,329</td>
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<tr>
<td>Juvenile Justice Coalition</td>
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<td>77,856</td>
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<td>77,856</td>
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<tr>
<td>Membership dues</td>
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<td>Interest income</td>
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<td>Investment Income on Funds Held by Others</td>
<td>11,773</td>
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<td>11,773</td>
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<tr>
<td>Conference</td>
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<td>38,320</td>
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<tr>
<td>Special Events, Net</td>
<td>40,462</td>
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<td>40,462</td>
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<tr>
<td>Merchandise Sales, Net</td>
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<tr>
<td>Miscellaneous</td>
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<tr>
<td>Net Assets Released from Restrictions</td>
<td>564,891</td>
<td>(564,891)</td>
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<tr>
<td><strong>TOTAL SUPPORT AND REVENUES</strong></td>
<td><strong>$1,329,633</strong></td>
<td><strong>($243,320)</strong></td>
<td>—</td>
<td><strong>$1,086,313</strong></td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th></th>
<th>2011 EXPENSES</th>
<th></th>
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<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Education and Support</td>
<td>760,672</td>
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<td>760,672</td>
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<tr>
<td>Information and Advocacy</td>
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<td>66,258</td>
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<tr>
<td>Public Awareness</td>
<td>135,204</td>
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<td>135,204</td>
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<tr>
<td>Public Policy</td>
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<td>Membership</td>
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<td><strong>Total Program Services</strong></td>
<td><strong>$1,075,168</strong></td>
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<td><strong>$1,075,168</strong></td>
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</table>

<table>
<thead>
<tr>
<th></th>
<th>2010 EXPENSES</th>
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</tr>
</thead>
<tbody>
<tr>
<td>Education and Support</td>
<td>808,565</td>
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<td>808,565</td>
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<tr>
<td>Information and Advocacy</td>
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<td>95,665</td>
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<tr>
<td>Public Awareness</td>
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<td>133,951</td>
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<tr>
<td>Public Policy</td>
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<td>60,849</td>
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<tr>
<td>Membership</td>
<td>35,190</td>
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<tr>
<td><strong>Total Program Services</strong></td>
<td><strong>$1,134,220</strong></td>
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<td>—</td>
<td><strong>$1,134,220</strong></td>
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</table>

<table>
<thead>
<tr>
<th></th>
<th>2011 EXPENSES</th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Management and General</td>
<td>92,204</td>
<td>—</td>
<td>—</td>
<td>92,204</td>
</tr>
<tr>
<td>Fundraising</td>
<td>97,399</td>
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<td>—</td>
<td>97,399</td>
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<tr>
<td><strong>Total Support Services</strong></td>
<td><strong>$189,603</strong></td>
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<td><strong>$189,603</strong></td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th></th>
<th>2010 EXPENSES</th>
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</tr>
</thead>
<tbody>
<tr>
<td>Management and General</td>
<td>105,777</td>
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<td>105,777</td>
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<td>Fundraising</td>
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<tr>
<td><strong>Total Support Services</strong></td>
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<td><strong>$184,557</strong></td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th></th>
<th>2011 EXPENSES</th>
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</tr>
</thead>
<tbody>
<tr>
<td>Change in Net Assets</td>
<td>31,183</td>
<td>66,014</td>
<td>—</td>
<td>97,197</td>
</tr>
<tr>
<td><strong>NET ASSETS, Beginning of Year</strong></td>
<td><strong>$168,982</strong></td>
<td><strong>$209,608</strong></td>
<td><strong>$54,907</strong></td>
<td><strong>$433,497</strong></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th></th>
<th>2010 EXPENSES</th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Change in Net Assets</td>
<td>10,856</td>
<td>(243,320)</td>
<td>—</td>
<td>(232,464)</td>
</tr>
<tr>
<td><strong>NET ASSETS, Beginning of Year</strong></td>
<td><strong>$158,126</strong></td>
<td><strong>$452,928</strong></td>
<td><strong>$54,907</strong></td>
<td><strong>$665,961</strong></td>
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<table>
<thead>
<tr>
<th></th>
<th>2011 NET ASSETS</th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>NET ASSETS, End of Year</strong></td>
<td><strong>$200,165</strong></td>
<td><strong>$275,622</strong></td>
<td><strong>$54,907</strong></td>
<td><strong>$530,694</strong></td>
</tr>
</tbody>
</table>
## Financials

### Revenues:
- Contributions from individuals: 29%
- Contributions from foundations: 32%
- Fiscal sponsorship: 11%
- Government grants: 16%
- Membership dues: 2%
- Interest income: 0%
- Net investment income (loss): 2% on funds held by others
- Conference: 2%
- Special events: 5%
- Merchandise sales, net: 0%
- Miscellaneous: 1%
- **Total**: 100%

### Expenses:
- **Program services:**
  - Education and support: 60%
  - Information and advocacy: 5%
  - Public awareness: 11%
  - Public policy: 7%
  - Membership: 2%
- **Supporting services:**
  - Management and general: 7%
  - Fundraising: 8%
- **Total**: 100%