envisioning a brighter future.
our mission.

NAMI Minnesota champions justice, dignity, and respect for all people affected by mental illnesses. Through education, support, and advocacy we strive to eliminate the pervasive stigma of mental illnesses, effect positive changes in the mental health system, and increase the public and professional understanding of mental illnesses.

envisioning a brighter future.

When mental illness emerges in a child or young adult, the days look dark. It can be a struggle to obtain information, to know what to do, to access treatment and services and to even think about the future. Yet, to get through those dark days we need to envision a brighter future.

It is the future where we look for hope. Hope for recovery, Hope to get our lives back on track. Hope for increased community understanding and support. Hope for building our mental health system.

NAMI Minnesota’s mission is focused on improving the lives of children and adults living with mental illnesses. We know first-hand the dreams people have for themselves and their family and the barriers they face in achieving them. Yet, we remain steadfast in our mission. We are in a sense, planting the seeds of trees under whose shade we do not expect to sit. It’s not just about a better future for ourselves, but a better future for others.

Next year will be the 40th anniversary of the seeds of our organization being planted. So we hold on to that glimmer of light and hope despite the overwhelming tasks that lie ahead by looking back to acknowledge and celebrate the progress that has been made.

Sincerely,

Deborah Erickson
Board President

Sue Abderholden, MPH
Executive Director
New Initiatives in Education

ENDING THE SILENCE CLASS CREATED
NAMI Minnesota began offering a new class for youth, “Ending the Silence,” to share information about how common mental illnesses are, signs and symptoms to be aware of, and resources to receive help or get help for a friend.

SUICIDE POSTVENTION EXPANDED
Enhancing our suicide prevention and postvention efforts, NAMI Minnesota partnered with NAMI New Hampshire, and the Minnesota Department of Health to train people in postvention – how to help a community grieve after a suicide and to follow best practices. Another new training, Survivor Voices, teaches those bereaved by suicide how to speak safely and effectively about their loss. This promotes healing for those who are bereaved, educates the public about how to support survivors, and increases awareness of suicide risk factors and warning signs.

PARENTS AND CRISIS PLAN INFORMATION CREATED
We developed a handout on addressing child protection issues and a crisis plan for parents with mental illnesses.

SMOKING CESSATION EXPANDED
To address the high rate of smoking among people with a mental illness, NAMI Minnesota increased its focus on smoking cessation programs specifically geared to helping people with mental illnesses quit.

PUBLIC SAFETY MENTAL HEALTH FIRST AID OFFERED
NAMI Minnesota offered a Public Safety Mental Health First Aid for rural police departments that can’t afford a full Crisis Intervention Training program.

BEHAVIORAL HEALTH HOME INPUT COLLECTED
To provide input into the development of Behavioral Health Homes, NAMI Minnesota conducted focus groups representing multiple age groups and diverse racial and cultural backgrounds.

Educator, Donna Fox

“When I joined the staff at NAMI Minnesota five years ago we offered just one educational program about suicide prevention. The community let us know of the immense need for information and training in this area, so this year we will offer six different educational opportunities that use nationally recognized best practices in suicide prevention and postvention. We offer suicide prevention workshops that give the general public skills to help people at risk of suicide to stay safe and connect with resources; workshops for professional crisis responders and health professionals about educating families on the importance of restricting access to lethal means when a family member is at risk of suicide; and workshops for suicide loss survivors, among other offerings.

As a part of our outreach, we gave out more than 350 lock boxes last year (with resource and crisis information) to households that needed a safe place to keep medications. One of these boxes went to a thirteen year-old who was concerned that his sister was hoarding her medications. He wanted a lock box for the adults in his home to use to keep her safe.

I bring to my work with NAMI my own experience of my father’s suicide when I was a child. I want each person attending my classes to take with them these crucial messages: suicide is preventable and mental illnesses are treatable. There are so many unhelpful—even harmful—myths about suicide. It gives me purpose to share the knowledge I’ve gained since my father’s illness and suicide to help other families avoid what mine went through.”
nami in numbers.

“both programs increase the public’s mental health literacy.”

18% of individuals attending classes were from diverse backgrounds.
This percentage continues to grow.

NAMI offers two online trainings for health care professionals, provides three suicide prevention classes and the required training for teachers. NAMI is the lead organization in the state providing Mental Health First Aid (MHA) and Youth MHA, both programs increase the public’s mental health literacy.

leading organization in the state providing MENTAL HEALTH FIRST AID + YOUTH MHFA

125 times and reached over 3,000 people in every region of the state

Evaluations of the classes consistently demonstrate that over 90% of the attendees found the classes increased their knowledge, feeling of connectedness to others, and that they feel better able to advocate for and help their loved ones.

78 classes offered, and close to 1,000 people reached

11 different classes for families of adults & children with mental illness.
NAMI Minnesota helps people navigate the mental health system and find support in one of our 72 peer-to-peer support groups for families and persons with a mental illness.

New Initiatives in Support

FAMILY SUPPORT GROUPS EXPANDED
NAMI Minnesota expanded its free support groups for families who have a relative with a mental illness into Plymouth and Northfield, Minnesota.

EDUCATION & SUPPORT FOR EAST METRO INCREASED
A grant from the F.R. Bigelow Foundation enabled NAMI Minnesota to expand family education classes and support groups for parents of children with mental illnesses in Ramsey and Washington Counties.

EARLY EPISODE PSYCHOSIS BOOKLET CREATED
With support from the Minnesota Department of Human Services and Blue Cross Blue Shield, NAMI Minnesota created a new booklet “Understanding Psychosis, Resources and Recovery” to provide young people and their loved ones with information and resources for understanding psychosis.

“I serve on the NAMI Minnesota Board of Directors and I have two children with diagnoses of mental illnesses. I know the importance of support for individuals living with mental illnesses, as well as for their loved ones. I worked in Community Corrections with juveniles for twenty years and many of the youth had diagnoses or non-diagnoses and their parents had no idea how to get help.

As a part of my job I attended NAMI’s Youth Mental Health First Aid class. I was so impressed with it that I asked the teacher, NAMI Board Member Jan Ormasa, if there was a board opening for me. I wanted to share my story to help others, especially in the African American community where we don’t talk openly about mental illnesses. I want us to talk about it so we can support each other and share that there is support from organizations like NAMI.

NAMI Minnesota offers support groups for individuals recovering from a mental illness, for young adults, GLBT individuals, and others, as well as family support groups and our important Parent Resource Groups through which parents learn of resources to help them meet the challenges of raising a child with a mental illness. Parents need to know, foremost, that they have a say in their children’s mental healthcare. They don’t just have a voice; they are a critical part of the caregiving team, alongside the healthcare professionals. NAMI Minnesota’s support groups and classes are here to share, encourage, and assist people in getting to the better future that is possible for people living with mental illnesses and their caregivers.”

Beatric Officer, HRM, DM
Board Member

Board Member, Beatric Officer
advocacy.

Advocacy efforts, in communities and at the legislature, are a major part of NAMI Minnesota’s mission to support persons with mental illnesses and their families and to effect positive changes in the mental health system.

2015 Advocacy Wrap-up

The 2015 legislative session resulted in the largest increase in new dollars for our state’s mental health system in our state’s history. Over $50 million in new funding was appropriated for the next biennium.

The theme this year was “We know what works; Let’s build on it.” It wasn’t the case that our system is broken and impossible to repair. Rather it’s that we had started building our mental health system and we needed to finish it.

Over $8 million is for crisis services to increase access to mobile teams and crisis homes. New standards will be developed along with one phone number. Money was set aside to research how to fund our intensive services so that they are financially stable and to keep them going while that work is being done. To help with the logjam, 15 new beds will open at the Anoka Metro Regional Treatment Center in September and 150 new intensive residential beds for children will be opened in the coming years. Behavioral health homes have funding to start July 2016.

Funding is available to increase ACT teams, respite care, supportive housing, Bridges housing, homeless youth programs, and long-term homelessness programs. A huge increase (54%) was obtained for suicide prevention programs and the state will need to look at how to improve the timeliness, usefulness and quality of suicide related data.

The Department of Human Services (DHS) will look to add clubhouses to the Medical Assistance benefit set. A new grant to schools will work to develop alternatives to sending youth to the juvenile justice system. New funding is available for First Episode programs so that young people

nami in numbers.

- family members
- adults living with mental illness
- children
- LGBTQ
- peer-to-peer support groups
- young adults with mental illness
- adult sons + daughters
- spouses + partners
- parents

72
experiencing their first psychotic episode are provided with intensive services so that they do not become disabled by their mental illness. People on Medical Assistance for Employed People with Disabilities will see their premiums greatly reduced in September, making it easier for people to continue working. Funding was obtained to continue the new IPS supported employment projects. There will be greater scrutiny of the mental health block grants that are sent to counties, along with how counties use their CADI waivers.

A new type of transportation was finally funded. Called “protected transport” it is an unmarked car with two trained drivers that can transport people with mental illnesses with dignity. It will be funded under MA if the person is being taken to a MA funded program.

People committed as “mentally ill and dangerous” will have their commitments reviewed at least every three years. The special review board must prepare a yearly report on the barriers faced by people whose petitions were denied.

Minnesota will be able to move forward to submit a planning grant for the Excellence in Mental Health Act. This demonstration program through the federal government would set standards for “cultural community behavioral health clinics” and ensure that they provide an array of services. Workforce shortages were also addressed by allowing more mental health professionals to consult with primary care and by expanding loan forgiveness programs to mental health professionals. Four new psychiatry residency slots will be funded by the state. In addition, DHS will look into how to increase the use of peer specialists in our mental health programs.

Make It OK Campaign Honored
NAMI Minnesota, HealthPartners and Twin Cities Public Television (TPT) received The National Academy of Television Arts & Sciences – Upper Midwest Chapter’s Board of Governors Award, its most prestigious Regional Emmy® Award, for its Make It OK campaign, a multi-year, multimedia effort to help reduce the stigma surrounding mental illnesses. One of the project’s films, “Make it OK: Parents & Mental Illness,” also received a 2014 Voice Awards Honorable Mention from the U.S. Substance Abuse and Mental Health Services Administration.

Advocate, Glenace Edwall

“NAMI’s advocacy has been recognized and applauded by the widest imaginable field of partners and stakeholders. NAMI has made the lived experience of mental illness in both children and adults real to legislators, to journalists, to county and state agencies, and most importantly, to the families and friends who share the struggles and triumphs of those they love. NAMI listens to the voices of children, youth, adults and families and brings those voices to every policy and practice discussion, helping to ground program and funding decisions in real needs and real benefits. And NAMI constantly works hard to get it right, making this organization the trusted source of information for situations ranging from the routine to the acutely critical. NAMI’s impact on the growth of services and funding for mental health in Minnesota cannot be overstated – they are on the frontlines in every critical discussion. In my years of policy work, they were our steadfast and trusted, valued partner in every enterprise.”

Dr. Glenace Edwall, PhD, PsyD, LP, MPP, served as the Director of Children’s and Adult Mental Health Divisions for the Minnesota Department of Human Services from 2000-2015.
People fundraise to raise awareness, to honor a loved one’s memory, to fund education programs that help educate first responders, schools—anything that speaks to the contributor and helps to make a better future for those who live with mental illnesses, families, friends, and the communities we all live in.

Supporter, Tom Mork

“In any given year one in four adults will experience mental illness of some type. That means that even in a small business like mine with about a dozen employees, on any given day, statistically three or four of my employees may be struggling with mental health concerns. My family has been touched by mental illness when our daughter Christine was diagnosed with bipolar disorder. I live with high cholesterol which if left untreated will lead to my demise but I’m very comfortable telling people—friends and strangers alike—about my blood chemistry. But for people who have brain chemistry that leads to mental illness the openness with which they can share their chemistry is limited by the stigma imposed on the illness by society. I believe that only when we can talk as openly about brain chemistry as we do blood chemistry can we eliminate the stigma associated with mental illness. That’s why we conceived of Tom’s Big Ride. Tom’s Big Ride was a 39-day bicycle ride that started in Venice, LA and followed the Mississippi River north 2,117 miles to the river’s source at Lake Itasca in northern Minnesota. We rode from south to north to emphasize our tagline of “pedaling the uphill battle for mental illness.” For those struggling with mental illness, every day is an uphill battle...our climb was a modest one in comparison. Along the way I spoke at rotary clubs, NAMI groups, and to the media. We shared our stories with people we met and were gratified to hear theirs. People all along the route cheered us on, blessed us, and shared their air conditioning during our breaks on the hottest days.”

My family chose NAMI Minnesota as Tom’s Big Ride beneficiary because of its emphasis on education and support. I’m proud to say that we raised $102,000 for NAMI and raised awareness about mental illnesses for everyone living with a mental illness and for the people who love them.

Tom Mork is a 25 year resident of Lakeville, MN where he is founder, President and CEO of Lakeview Bank.
ways you can support nami minnesota.

Fundraising directly supports and makes possible our education, support and advocacy work. You can help!

- Attend a NAMI Minnesota event
- Consider an IRA donation
- Give a donation of stock
- Include NAMI Minnesota in your estate planning
- Give a gift in memory of a loved one.
- Create your own fundraising event
- Respond to an appeal letter or email
- Donate “In Honor” of a wedding, retirement, birthday, etc.
nami award winners 2015.

SPECIAL EVENTS VOLUNTEER OF THE YEAR
Sue Abel

PROGRAM VOLUNTEER OF THE YEAR AWARD
Susanna Bertelsen

OFFICE VOLUNTEER
Sylvester Hudson

LEADERSHIP AWARD
Nancy Minahan

LEGISLATORS OF THE YEAR
Representative Carol Laine and Senator Greg D. Clausen

MEDIA AWARD
Jill Barcum, Star Tribune and Chris Serres, Star Tribune

PROFESSIONAL OF THE YEAR
Pahoua K. Yang, MSSW, Ph.D., LP, LICSW

PROVIDER OF THE YEAR
Vail Place

LIFETIME ACHIEVEMENT AWARD
Scott Craven

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Robert & Colleen Hageman
Eric & Jody Herrmann
Mary & David Johnson
Kandyhoyi Management LLC
Edwin & Bonita Kelly
Sandra & Grady Kinghorn
Dennis & Carol Lee
Bob & Nita Morlock
MVP Mechanical Service Co.
Dave & Lynn Myhr
Rotary Club of Rogers
Ed & Mary Schumacher
Heidi Slaskal
Charles & Marilyn Van Heel
Randall & Barbara Van Heel
Joan Brown
Kimberly Macey
Paul J. Burke II
Kathleen Burke
Kelly Anne Camp Murray
Lisa Murray
Katie Carlson
Mary & Timothy O’Neil
Sus O’Neil
Jan Reardon
Kathy Chapman
Joy Billig
Michael Billig
Sharon Petersen
Juanita Cullen
Lee Ann & Bart Anderson
Sue Daly
Joseph & Sharon Walbran
John Joseph ‘Jack’ Davitt
Margaret Anzevino
Leroy & Nina Bjerve
Keith Braafflad & Debra Banks
Patrick & Shelley Cincotta
Kenneth & Marjorie Crea
Katie & Carl Crosby Lehmann
Delores & James Druezo
Sue & Michael Elle
Marcella Erickson & Carol Ann Davitt
Joan & Eugene Gennero
Roger & Mindy Greiling
Frances & James Grover
Casper Hanson
Patricia & Calvin Headley
Curtis & Sally Hill
Robert Hosington
Cynthia Filipak & Thomas Johnson
Kathleen Kaye & Laura Marks
Jill & Craig Klausing
Roy & Joanne Laszewski
Joan Lemay
James Leslie
Carla & Jack Lewis
Beverly & Elizabeth Liebenstein
Alfred McAfee & Sue Elle
Robert & Kathleen McClure
Martha & James McDermott
B. M. Nelson
Eleanor Palmer
Virginia Perman
R.G. & D.A. Sagstetter
Carolyn & James Schiro
Judy Tonn
Peggy Wald
Marilyn Weiss
Nancy & Richard Wenkel
Melinda Dillon
Sadie & Richard Faulkner
Linda Johnson
Terrance Donovan
Elizabeth Fait
Karen Karls
Judith J. G. Christenson
Bob & Patty Holycross
Diane & Marvin Nygaard
D.J. Reich
Diane Draper
Sen. Julie Rosen
Julie Wallace
Elizabeth Ohrnson & Frank Schneider
Gerald & Ruth Swoboda
Anthony Echola
Louise Echola
Brad Einck
Emily Reckinger
Maren J Engbrethson Dahlke
Patty Schank
Andy Engeldinger
Leonard & Renee Peterson
Jean Eull
Mary & Michael Dunn
Ernest & Elizabeth Erickson
Jean Marie Eull
Robert & Helen Hanson
Innotek Corporation
Carol & John Roden
Stephen & Mildred Schreiber
Karen Willembring & Zita Eull
Jaclyn Ann Evert
Lewis J. Buckingham, Jr. & Alysia C. Buckingham
Michael & Karen Boland
Bonnie & Scott Evert
Scott & Bonnie Evert
DorisLee Feinstein
Fran Hendrickson
Elian Friedleib
Holly & Pat Downing
Peter Friedleib
Carrie Gallagher
Pamela Kriger
Patrick Gannon
Jean Finlay
Susan Gekas
Association of MN Community & Tech College Counselors
D.L. & R.G. Bachman
Leslie & James Becker
Kathryn & Bruce Bowman
Phyllis & Douglas Buerke
Linda & James Carlson
Neil & Gloria Cramer
Linda Deiter
Martha Demetriou
Lavonne Evenson
Mark & Patty Freiberg
Ivan Guilder
Kathryn & Michael Hansen
Molly & Timothy Weiss
John & Kim Anderson Wetschka
Joseph & Jeanne Hannah White
Dennis & Kathleen Wiech
Mary & Gerald Young
Montse Young
Kristine Zacher
Waneta Zacher
Kathleen Zacher-Pate

Marvin Charles Leffer & Cecil Whitaker
Dick & Sue Abel

Greg Marthaler
Edgcombe Youth Hockey Association

Maureen Mikel
Donald & Donna Cavanaugh
Mark Mikel

Don Miller
Anita & John Speltz

Anthony Mitchell
Curtis & Patricia Ahrens
Charles & Karen Andresen
Judy & Leonard Beardsley
R.T. & BK Bennett
Nancy Berg
Cynthia & Steven Betzler
Laura Budd
Tyrone & Delia Bujold
Alison Clarke
Bill & Connie Dinan
Ml Donovan
Barbara Eaton
Ruth & Harold Federick
Karen & John Fillenworth
Alan Freeman
Nancy Gessner
Mary Gould
Mary Goulet
Kay Gower
Louise & Dennis Griffin
Arlis Grossman
Karin Hamerslon
Roger Hartley
Ana Hays McCracken
Ellen Hedenberg
Katherine & Charles Keller
Janet & Michael Hillmeyer
Sandra Hirsh
Delores Jackson
Anne & Scott Jasperson

Bruce & Pat Johnson
Julie Johnson
John & Elizabeth Kelly
John Knoblock
John & Marcia Kohlhaas
Katheryn Freemond
Sharon Labovitz
Catherine & Lauren Larsen
Ruth Leathers
Jeanette LeTourneau
Kenneth McKenna
John & Melanie McMillion
WM & Joyce Merrick
Nancy Minahan
Susan Olm
Lisa Mitchell-Krocack
Janice Moon
William & Irene Moser
Mary & Harry Nash
Winnafe & Kristen Nisswandt
Richard & Nancy Ojard
Susan Olin
Elizabeth Peterson
Beryl Peyton
Pilgrim Congregational Church
Mary Roberts
Jo Ann & David Rossetter
Kathryn Schultz
James & Jacqueline Sebastian
Lane Smith
Michele & Steven Sparks
Virginia Strange
Andrew Streis & Diann Desotelle
Carol Tierney
Mary Von Goertz
James & Alice Waldo
Galen & Margaret Wilson
Barbara Winthrop
Shirley Wilkin
Valere Wolf

Mary Margaret Mosqueda
Thomas & Bridget Reistad

Irene Neitzke
Alfred Neitzke

Carl E. Nelson
Jerry & Margo Estruth

Richard Peterson
Gail Anderson
Debra Chatelle
District 46 Governors Club
Jane & Lowell Eberwein

Marjory & E.T. Fjelde
Linda Fritsch
Barb Herrington-Hall
Robert & Mary Hannon Jacobson
Philip & Kristin Kasten
Gynie Koschak
Earle & Georgann Maendler
Carol Marshall
Corrine Muller
David & Judith Nass
Patrick O’Leary
Carmen & Robert Peota
Evelyn & Duane Rivard
Kathleen Sallee
Constance Thompson
Karen Sallee
Susan Williams & Philip Rustad
Mary Morris Wolsey & Wayne Wolsey

Tim Poferyl
Anderson Trucking Service, Inc.
Dory Anderson

Janice Anderson
Linda, Mark & Sandy Anderson
Cindy Myroniuk
Jennifer Antilla
Kevin & Mary Archer
Atteno
Betty Bjostad & Wayne Bjostad, Jr.
Galen Blomster & Linda Barbee
Lynn & Ross Boerhave
Molly Bohrer
John Brentnall
Tracey Jo Brixius Woman
Mary & Donald Buler
D.G. & S.M. Burkhart
Tori & Emanuel Calderon
Julie & Jonathan Cook
Joan Curtiss
Ellie Dal
Jay & Joy Dean
Dick Allen Agency, Inc.
Mary & Donald Dwyer
Terence & Sharon Dragich
Julie & Ted Dyste
Sharon Eggert
James Finnegam & Pamela Randall
Lu Ann Finnegan
Robert & Susan Foley
Timothy Foley
Jonathan Geffen
Julie Gilbert
Cecilia Glenn & William Hazuka
Melissa Hunter
James & Barbara Iverson

Beth Jagger
Bonnie Kay & Stephen Roy Johnson
Jan & John Johnson & Greg Lundberg
Lynn & Ronald Josten
Norm Kelzenberg
Paul & Mary Kowitiz
Suzan Knoll
R. Landon
Cheryl & William Langevin
Anita Larson
Steven J. Luniewski, Sr.
Lloyd & Beverly McCabe
Denise Miller & Joseph Bostwick Miller
Michele & Ed Neaton
Julie Neville
Laurie Nordquist
Julie Oguljeye
Lorraine Orben
Earl & Jane Orvik
Anne & Paul Osborne
William & Kathleen Penn
Nancy Rae & Jeffrey Poferyl
Jerry Ramirez
Matthew Rand
Nancy & Kevin Rhein
Sandra Schmidt
Megan Schmoke
Kristie & Robert Scofield
Michele & John Paul Seidel
Cynthia Shellack
Sharon Signe Mule
Andrea Sims
Penny Sipola
Ek Sadovy
Vicki & Edward Spies
Lori & Todd Stafford
Kara Stave
Brenda Stoffel
Devin Sukalski
Sheryl & Ronald Theno
Reino Valois & David Housewright
Mary & Harold Van Den Heuvel
Jean & Dean Walsvogel
Jerome & Barbara Wallisch
Kelly Reha
Charles & Kristin Wesser
Mary Westin
Wicker Family Foundation
Larry & Susan Winner

Donna Poland
Holly Miller-Bentley
Ronald & Susan Jensen
[Tributes]

A Family Member
Mary & Bob McCarthy

Sue Abertholden & Lee Keller’s Birthdays
Kathleen Conley
Dan & Sue Hanson

Andrea Ayres & Cathy Strobel’s Wedding
Sue Abertholden & Lee Keller

Mary Jean Babcock
Jim & Donita Bunke

Jordan Bell
Katharine Bell

Alexander Berger
Brian & Gail Berger

Dallas Betz
Charles Betz & Suzanne Magdalene

Dr. James G. Boulger, PhD
Peter Boulger

Cady & Berta’s Wedding
Hannah Thompson
Tara Keegan

Kris Djupedal
Eveend & Gweni Djupedal
Cindy Olson & Uncle Rolf

Donna Fox
Megan Elston

Paul Goering & Michael Sullivan’s Wedding
Kay King & Zach Doering

Hilary Greene & Alan Waugh’s Wedding
Nina Else
Virginia Koolmo
Christin Lindberg
David Thun & Mary Hershberger Thun

Marc Hasl Anderson, MA, LPC
Paula Steigauf, RN, BSN

David Jacobs
Rebecca Spartz

Karen
William Facklam

Connie Kishel’s 70th birthday
M.F. & V.A. Carney
Gretchen Clark
Lynn Ericson Starr
Mike & Mary Hamblet
Suzanne Hayman
David & Meredith Holm
Barb Hustad
Ron & Sheila Johnson
Connie Kishel
Edward & Judy Kishel
Ralph & Louise L’Allier
Marilyn & A.J. Larson
Mark & Mary Lynch
Patricia Macrosty
Maureen McGee
Marlin & Gwen McGurdy
Carol & James Murphy
Victoria Nelson
Elizabeth O’Mara
Judith Preisinger
Mercedes Rider
Mary Lou Sandager
William & Mary Scott
Minda Suchan
Mary Ann & Don Weisbrod

Dean Lechtner and all our loved ones affected by mental illness
Ed & Kathy Schoenecker

Andrew Leitch and Angela Lietz’s Wedding
Melanie Coulson & Graham Johnson

Olive & Richard Little
Elizabeth Chaigne
Kyle White
Ronald & Priscilla Bailey

Mark Wilkowske
David Homans

[In-Kind]
Abdallah Candies & Gifts
Acapulco Restaurante Mexicano
ACME Comedy Club
All Seasons Wild Bird Store
Arthur Murray
Axel’s Bonfire
Barbie Cox
Bay Street Shoes and Accessories
Bibelot
Big Stone Mini Golf & Sculpture Gardens
Big Thrill Factory
Bloomingtown Theatre and Art Center
Body & Soul Salon
Brae New Workshop
Breadsmith
Broders Minneapolis
Brunswick Zone
Bryant - Lake Bowl
Burning Brothers Brewing
Burnsville Birnamwood Golf Course
Buttercream Desserts
Cabana Tan
Cafe Latte
Camille Calderaro
Cannon River Winery
Carol C. Bender
Carolyn Miller
Chanhassen Dinner Theatre
Cheers Pablo
Chesnut Cambronne
Cindy Nollette
Commonweal Theatre Co.
Connie Whitaker
Cort Holten
Cragun’s Conference & Golf Resort
GRAVE
Crystal Lake Golf Club
Cub Foods Knollwood
Cub Foods Minnetonka
Dancers Studio
DeGidio’s
Discount Steel
Donna & Jeff Fox
Donors
Droolin’ Moose
Dynamex

Eagle Valley Golf Course
Elise Koonnmen
Erin Hart
European Wax Center
Events By Design
Excelsior Brewing Co.
Fabulous Ferns
Fiesta Cancun Mexican Restaurant
Fulton Beer
Gail & John Gijslason, Jr.
Gary Johnson
Gertens
Ginny & Chuck Roach
Grand Casino
Grand Slam
Grandma’s Restaurants
Granite City Brewing
Great Lakes Aquarium
Green Mill Restaurants, LLC
Greg Lind
Guthrie Theater
Half Price Books
Harriet Brewing
Haskell’s
Hell’s Kitchen
Hennepin Theatre Trust
History Theater
Hollydale Golf Course
HOM Furniture
House of Comedy
Illusion Theater
Inver Wood Golf Course
Izzy’s Ice Cream Cafe
Jan Shepherd & Bob Werre
Jax Cafe
Jeneal Olson
Jerry Webb
Jimmy John’s
Joe Mauer Donations
Joe Zweck
Joe Joint
Kat Perkins
Kate Hersey
Kay & Jim Lavin
Kay King
Ken Gorg Golf Shop
Lakeshore Players Theatre
Legends
Legends Golf Pro
Let’s Dish
Lettuce Entertain You Restaurants
Longfellow Grill
Lure Design
Lufseon Mountains
Mail of America

Mancini’s Char House
Manhattan Toy Company
Maplewood Toyota
Marilyn Dornfield
Mark Hanson
Mark Metstrom
Mark Prinsen
Mary Hovind
Mary Mesetelle
Mary Vorhes
Massage Benefits
Massage Envy & Pure Barre
Matthew Mitchell
MB’s Cleaning Services, Inc.
Mediterranean Cruise Cafe
Metro Transit
Minneapolis Institute of Art
Minnesota Historical Society
Minnesota Landscape Arboretum
Minnesota Marine Art Museum
Minnesota Nice Spice
Minnesota Recovery Connection
Minnesota Timberwolves Foundation
Minnesota Twins
Minnesota Vikings
Minnesota Wild
Mississippi Market Natural Foods Co-Op
Mixed Blood Theater
Muffuletta
MyTalk 107.1
NAMI Minnesota
Nancy Silesky
New Dynasty Buffet
New Scenic Cafe
Nikki & Jon Edwards
Northern Vineyards Winery
Old Chicago
Old Log Theater
Oriole Lane Design
Pamela Bjorklund
Patty Pink
PF and Associates/Interior Design
Pinstripes
Plymouth Ice Center
Porter Creek Hardwood Grill
Premier Banks
Print Central
Punch Neapolitan Pizza
R.F. Moeller Jeweler
Ramada Plaza Minneapolis
Red Stag Supperclub
Red Wagon Pizza
Redstone American Grill
River’s Edge Apple River
Roasted Pear

Robby & Michael Anderson
Rocco Allobelli
Saint Paul City Ballet
Science Museum of Minnesota
Sebastian Joe’s Ice Cream
Shari Erickson
Sharon O’Shea
Sharon Warren, Eboni Broom, Diane & Ann Moore
Sothern Theater
St. Paul Saints
Starbucks
Steven Knappmiller & Jacqueline Darrah
Sue Abel
Sue Aberholder & Lee Keller
Summit Brewery
Surly Brewing
Susan D. Purdie & Laura F. Young
Susanna & Poul Berntsen
Tamarack Tap Room
Tandem Printing, Inc
Tanya Garvis Art
Target
Tavern on France
The Cheesecake Factory
The Cowles Center for Dance & the Performing Arts
The Depot
The Grand Hotel
The Jungle Theater
The Melting Pot
The Park Tavern
The Saint Paul Chamber Orchestra
The Swan
The Third Bird
The Wellness Center
The Wilderness Golf Course
The Works Museum
Tim Redmann
Tin Whiskers Brewing Co.
Tolomatic
Toro Company
Total Wine
Travis and Joshua Dertli
Vicki Milton
Victory Links Golf Course
Vivo Kitchen
Washburn Center for Children
Wellspring Health Center
Wild Bill’s Sports Saloon
Wild Mountain Ski Resort
statement of financial position.

June 30, 2015 and 2014

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**ASSETS:**

<table>
<thead>
<tr>
<th></th>
<th>2015</th>
<th>2014</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cash</td>
<td>$309,173</td>
<td>$99,431</td>
</tr>
<tr>
<td>Cash Held for Others</td>
<td>$56,714</td>
<td>$37,700</td>
</tr>
<tr>
<td>Accounts Receivable</td>
<td>$136,088</td>
<td>$179,639</td>
</tr>
<tr>
<td>Contributions Receivable</td>
<td>$74,859</td>
<td>-</td>
</tr>
<tr>
<td>Inventories</td>
<td>$7,572</td>
<td>$4,718</td>
</tr>
<tr>
<td>Prepaid Expenses</td>
<td>$66,858</td>
<td>$58,853</td>
</tr>
<tr>
<td>Furniture and Equipment, Net</td>
<td>$16,754</td>
<td>$16,499</td>
</tr>
<tr>
<td>Beneficial Interest in Funds Held by Others</td>
<td>$166,140</td>
<td>$168,850</td>
</tr>
<tr>
<td><strong>TOTAL ASSETS</strong></td>
<td><strong>$834,158</strong></td>
<td><strong>$565,690</strong></td>
</tr>
</tbody>
</table>

**LIABILITIES:**

<table>
<thead>
<tr>
<th></th>
<th>2015</th>
<th>2014</th>
</tr>
</thead>
<tbody>
<tr>
<td>Accounts Payable</td>
<td>$19,378</td>
<td>$29,742</td>
</tr>
<tr>
<td>Accrued Expenses</td>
<td>$10,891</td>
<td>$10,622</td>
</tr>
<tr>
<td>Deferred Revenue</td>
<td>-</td>
<td>$5,000</td>
</tr>
<tr>
<td>Funds Held for Others</td>
<td>$56,714</td>
<td>$37,700</td>
</tr>
<tr>
<td><strong>TOTAL LIABILITIES</strong></td>
<td><strong>$86,983</strong></td>
<td><strong>$83,064</strong></td>
</tr>
</tbody>
</table>

**NET ASSETS:**

<table>
<thead>
<tr>
<th></th>
<th>2015</th>
<th>2014</th>
</tr>
</thead>
<tbody>
<tr>
<td>Unrestricted:</td>
<td></td>
<td></td>
</tr>
<tr>
<td>· Undesignated</td>
<td>$276,336</td>
<td>$85,807</td>
</tr>
<tr>
<td>· Beneficial Interest in Funds Held by Others</td>
<td>$166,140</td>
<td>$168,850</td>
</tr>
<tr>
<td><strong>Total Unrestricted</strong></td>
<td><strong>$442,476</strong></td>
<td><strong>$254,657</strong></td>
</tr>
<tr>
<td>Temporarily Restricted</td>
<td>$349,792</td>
<td>$173,082</td>
</tr>
<tr>
<td>Permanently Restricted</td>
<td>$54,907</td>
<td>$54,907</td>
</tr>
<tr>
<td><strong>Total Net Assets</strong></td>
<td><strong>$747,175</strong></td>
<td><strong>$482,626</strong></td>
</tr>
</tbody>
</table>

**TOTAL LIABILITIES AND NET ASSETS**

<table>
<thead>
<tr>
<th></th>
<th>2015</th>
<th>2014</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td><strong>$834,158</strong></td>
<td><strong>$565,690</strong></td>
</tr>
</tbody>
</table>
# Statement of Activities

**Years ended June 30, 2015 and 2014**

## SUPPORT AND REVENUES:

<table>
<thead>
<tr>
<th>Contributions:</th>
<th>Unrestricted</th>
<th>Temporarily Restricted</th>
<th>Permanently Restricted</th>
<th>TOTAL</th>
</tr>
</thead>
<tbody>
<tr>
<td>· Individuals</td>
<td>$720,078</td>
<td>$2,500</td>
<td>-</td>
<td>$722,578</td>
</tr>
<tr>
<td>· Foundation</td>
<td>$212,771</td>
<td>$277,250</td>
<td>-</td>
<td>$490,021</td>
</tr>
<tr>
<td>· Government</td>
<td>$445,632</td>
<td>-</td>
<td>-</td>
<td>$445,632</td>
</tr>
<tr>
<td>Membership Dues</td>
<td>$10,502</td>
<td>-</td>
<td>-</td>
<td>$10,502</td>
</tr>
<tr>
<td>Interest Income</td>
<td>$2,952</td>
<td>-</td>
<td>-</td>
<td>$2,952</td>
</tr>
<tr>
<td>Investment Income on Funds Held by Others</td>
<td>$2,791</td>
<td>-</td>
<td>-</td>
<td>$2,791</td>
</tr>
<tr>
<td>Conference</td>
<td>$39,465</td>
<td>-</td>
<td>-</td>
<td>$39,465</td>
</tr>
<tr>
<td>Workshops</td>
<td>$100,325</td>
<td>-</td>
<td>-</td>
<td>$100,325</td>
</tr>
<tr>
<td>Special Events, Net</td>
<td>$74,148</td>
<td>-</td>
<td>-</td>
<td>$74,148</td>
</tr>
<tr>
<td>Miscellaneous</td>
<td>$6,385</td>
<td>-</td>
<td>-</td>
<td>$6,385</td>
</tr>
<tr>
<td>Net Assets Released from Restrictions</td>
<td>$203,020</td>
<td>($203,020)</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td><strong>TOTAL SUPPORT AND REVENUES</strong></td>
<td>$1,818,069</td>
<td>$76,730</td>
<td>-</td>
<td>$1,894,799</td>
</tr>
</tbody>
</table>

## EXPENSES:

<table>
<thead>
<tr>
<th>Program Services:</th>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>· Education and Support</td>
<td>$837,255</td>
<td>-</td>
<td>-</td>
<td>$837,255</td>
</tr>
<tr>
<td>· Information and Advocacy</td>
<td>$75,065</td>
<td>-</td>
<td>-</td>
<td>$75,065</td>
</tr>
<tr>
<td>· Public Awareness</td>
<td>$216,358</td>
<td>-</td>
<td>-</td>
<td>$216,358</td>
</tr>
<tr>
<td>· Public Policy</td>
<td>$97,292</td>
<td>-</td>
<td>-</td>
<td>$97,292</td>
</tr>
<tr>
<td>· Membership</td>
<td>$46,112</td>
<td>-</td>
<td>-</td>
<td>$46,112</td>
</tr>
<tr>
<td><strong>Total Program Services</strong></td>
<td>$1,272,082</td>
<td>-</td>
<td>-</td>
<td>$1,272,082</td>
</tr>
</tbody>
</table>

## SUPPORT SERVICES:

| Management and General              | $179,904      | -                     | -                     | $179,904  |
| Fundraising                         | $178,264      | -                     | -                     | $178,264  |
| **Total Support Services**          | $358,168      | -                     | -                     | $358,168  |

**TOTAL EXPENSES**                    | $1,630,250    | -                     | -                     | $1,630,250|

## CHANGE IN NET ASSETS:

<table>
<thead>
<tr>
<th></th>
<th>Unrestricted</th>
<th>Temporarily Restricted</th>
<th>Permanently Restricted</th>
<th>TOTAL</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>CHANGE IN NET ASSETS</strong></td>
<td>$187,819</td>
<td>$76,730</td>
<td>-</td>
<td>$264,549</td>
</tr>
<tr>
<td><strong>NET ASSETS, beginning of year</strong></td>
<td>$254,657</td>
<td>$173,062</td>
<td>$84,907</td>
<td>$422,626</td>
</tr>
<tr>
<td><strong>NET ASSETS, end of year</strong></td>
<td>$442,476</td>
<td>$249,792</td>
<td>$84,907</td>
<td>$747,175</td>
</tr>
</tbody>
</table>
## 2014 Financials

### SUPPORT AND REVENUES:

<table>
<thead>
<tr>
<th>Source</th>
<th>UNRESTRICTED</th>
<th>TEMPORARILY RESTRICTED</th>
<th>PERMANENTLY RESTRICTED</th>
<th>TOTAL</th>
</tr>
</thead>
<tbody>
<tr>
<td>Contributions:</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>· Individuals</td>
<td>$499,763</td>
<td>$4,000</td>
<td>-</td>
<td>$503,763</td>
</tr>
<tr>
<td>· Foundation</td>
<td>$219,934</td>
<td>$241,525</td>
<td>-</td>
<td>$461,459</td>
</tr>
<tr>
<td>· Government</td>
<td>$353,840</td>
<td>-</td>
<td>-</td>
<td>$353,840</td>
</tr>
<tr>
<td>Membership Dues</td>
<td>$12,105</td>
<td>-</td>
<td>-</td>
<td>$12,105</td>
</tr>
<tr>
<td>Interest Income</td>
<td>$2,488</td>
<td>-</td>
<td>-</td>
<td>$2,488</td>
</tr>
<tr>
<td>Investment Income on Funds Held by Others</td>
<td>$23,662</td>
<td>-</td>
<td>-</td>
<td>$23,662</td>
</tr>
<tr>
<td>Conference</td>
<td>$33,231</td>
<td>-</td>
<td>-</td>
<td>$33,231</td>
</tr>
<tr>
<td>Workshops</td>
<td>$15,281</td>
<td>-</td>
<td>-</td>
<td>$15,281</td>
</tr>
<tr>
<td>Special Events, Net</td>
<td>$79,505</td>
<td>-</td>
<td>-</td>
<td>$79,505</td>
</tr>
<tr>
<td>Miscellaneous</td>
<td>$11,410</td>
<td>-</td>
<td>-</td>
<td>$11,410</td>
</tr>
<tr>
<td>Net Assets Released from Restrictions</td>
<td>$243,359</td>
<td>($243,359)</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>TOTAL SUPPORT AND REVENUES</td>
<td>$1,494,578</td>
<td>$2,166</td>
<td>-</td>
<td>$1,496,744</td>
</tr>
</tbody>
</table>

### EXPENSES:

<table>
<thead>
<tr>
<th>Service</th>
<th>UNRESTRICTED</th>
<th>TEMPORARILY RESTRICTED</th>
<th>PERMANENTLY RESTRICTED</th>
<th>TOTAL</th>
</tr>
</thead>
<tbody>
<tr>
<td>Program Services:</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>· Education and Support</td>
<td>$735,178</td>
<td>-</td>
<td>-</td>
<td>$735,178</td>
</tr>
<tr>
<td>· Information and Advocacy</td>
<td>$84,621</td>
<td>-</td>
<td>-</td>
<td>$84,621</td>
</tr>
<tr>
<td>· Public Awareness</td>
<td>$200,211</td>
<td>-</td>
<td>-</td>
<td>$200,211</td>
</tr>
<tr>
<td>· Public Policy</td>
<td>$104,761</td>
<td>-</td>
<td>-</td>
<td>$104,761</td>
</tr>
<tr>
<td>· Membership</td>
<td>$50,189</td>
<td>-</td>
<td>-</td>
<td>$50,189</td>
</tr>
<tr>
<td>Total Program Services</td>
<td>$1,174,960</td>
<td>-</td>
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<td>$1,174,960</td>
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</table>

### SUPPORT SERVICES:

<table>
<thead>
<tr>
<th>Service</th>
<th>UNRESTRICTED</th>
<th>TEMPORARILY RESTRICTED</th>
<th>PERMANENTLY RESTRICTED</th>
<th>TOTAL</th>
</tr>
</thead>
<tbody>
<tr>
<td>Management and General</td>
<td>$124,068</td>
<td>-</td>
<td>-</td>
<td>$124,068</td>
</tr>
<tr>
<td>Fundraising</td>
<td>$156,579</td>
<td>-</td>
<td>-</td>
<td>$156,579</td>
</tr>
<tr>
<td>Total Support Services</td>
<td>$280,647</td>
<td>-</td>
<td>-</td>
<td>$280,647</td>
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</tbody>
</table>

### TOTAL EXPENSES:

<table>
<thead>
<tr>
<th></th>
<th>UNRESTRICTED</th>
<th>TEMPORARILY RESTRICTED</th>
<th>PERMANENTLY RESTRICTED</th>
<th>TOTAL</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>$1,455,607</td>
<td>-</td>
<td>-</td>
<td>$1,455,607</td>
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</table>

### CHANGE IN NET ASSETS

<table>
<thead>
<tr>
<th></th>
<th>UNRESTRICTED</th>
<th>TEMPORARILY RESTRICTED</th>
<th>PERMANENTLY RESTRICTED</th>
<th>TOTAL</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>$33,971</td>
<td>$2,166</td>
<td>-</td>
<td>$41,137</td>
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</table>

### NET ASSETS, beginning of year

<table>
<thead>
<tr>
<th></th>
<th>UNRESTRICTED</th>
<th>TEMPORARILY RESTRICTED</th>
<th>PERMANENTLY RESTRICTED</th>
<th>TOTAL</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>$215,686</td>
<td>$170,896</td>
<td>$54,907</td>
<td>$441,489</td>
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</tbody>
</table>

### NET ASSETS, end of year

<table>
<thead>
<tr>
<th></th>
<th>UNRESTRICTED</th>
<th>TEMPORARILY RESTRICTED</th>
<th>PERMANENTLY RESTRICTED</th>
<th>TOTAL</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>$254,657</td>
<td>$173,062</td>
<td>$54,907</td>
<td>$482,626</td>
</tr>
</tbody>
</table>
revenues.

Contributions
- Individuals 38%
- Foundations 26%
- Workshops 5%
- Conferences 2%
- Membership Dues .5%
- Miscellaneous .3%
-Interest Income .2%

Government Grants 24%
Special Events Net 4%

expenses.

Education and Support 51%
- Membership & Affiliate 3%
- Public Awareness 13%
- Information and Advocacy 5%
- Management & General 11%
- Fundraising 11%

Public Policy 6%
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Fax: 651-645-7379
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