We Need NAMI Today, NAMI Tomorrow

As a family member and board member, I’m gratified to be part of the NAMI community. I’ve experienced firsthand the profound impact this amazing organization has on the lives of thousands of people living with mental illnesses and their families throughout Minnesota.

NAMI was there for me after my nephew’s first episode and his subsequent hospitalizations. While his doctors focused on stabilizing him with medication, they could do little to help me as a family member. NAMI gave me hope and helped me understand and accept my nephew’s condition. It was a very easy decision to include NAMI Minnesota in my will.

When I think of future generations in my family, I ask myself: Who will be there to support and advocate for them? By making a planned gift, I want to ensure that NAMI Minnesota will still be there for them, when I can’t. It’s reassuring to know that my family members will never be alone.

It’s important for me to try to make a difference in my community. Giving back is part of who I am whether it’s by volunteering or making a planned gift. I want to encourage you to make a gift to this outstanding organization. Together, we will help realize NAMI’s vision for a better future in a meaningful, lasting way.

Pat Seppanen

What Are the Options for Making a Legacy Gift?

- Gift of stock
- Bequest of cash (named in a will or trust)
- Bequest of an IRA or other retirement plan
- Gift of life insurance policy
- Memorials for NAMI Minnesota

Because there are three levels (local, state and federal) of NAMI, please state specifically that your gift go to NAMI Minnesota.

Consult your financial planner or attorney about how you can make a difference.

Join the NAMI Minnesota Legacy for Change

- When you name us in your will, we will welcome you to the NAMI Minnesota Legacy for Change, a select group dedicated to ensuring our ability to serve generations in the years to come.
- Recognize NAMI Minnesota Legacy for Change members (if they choose) on website and in the Advocate.
- Receive invitations to special briefings from the Executive Director Sue Abderholden and other opinion/thought leaders on compelling issues of the day.

Create a Better Future

A legacy gift to NAMI Minnesota, through your will, has lasting impact for generations to come.
NAMI Minnesota has helped so many people and families, including us, over the years. Our hope is for more people to receive the support and help that they deserve now and in the future.

-Family Member

NAMI Minnesota touches over 250,000 lives each year by:

- Educating parents and family members with loved ones who live with mental illnesses.
- Providing a helpline that connects thousands of people in need with resources and support.
- Offering over 75 peer led support groups for people living with mental illnesses and their families.
- Improving public policies and obtaining more funds to continue to build our mental health system.
- Teaching people about the warning signs and suicide prevention.
- Increasing mental health literacy and changing public attitudes.
- Advocating for decriminalization of mental illnesses and help for those in the criminal justice system.

Our Mission

NAMI Minnesota champions justice, dignity, and respect for all people affected by mental illnesses. Through education, support, and advocacy we strive to effect positive changes in the mental health system and increase the public and professional understanding of mental illnesses.

What do Legacy Gifts Achieve?

- Leaves a legacy that will improve the lives of thousands and thousands of people in the years to come.
- Reduces income taxes through increased deductions for charitable giving.
- Provides you with the opportunity to memorialize someone you love.

Why Make a Legacy Gift to NAMI Minnesota?

- Realize the profound impact NAMI Minnesota has on you, your family, friends and colleagues, and the mental health system.
- Recognize that NAMI Minnesota, the leading grassroots mental health advocacy organization, receives most of its funding from individuals like you, and ensure that our mental health movement is ongoing.
- Enjoy knowing that you can make a much more generous gift than you ever imagined.

Your Legacy Gift to NAMI Minnesota will make a lasting difference.

☐ I have already designated NAMI Minnesota in my estate plans through:
  ☐ Gifts in a will/bequest
  ☐ Gifts from an IRA
  ☐ Life insurance
  ☐ Donor Advised Fund
  ☐ Other _______________________________

☐ Please send me information about NAMI Minnesota and its programs.

☐ Please contact me.

NAME(S) ____________________________________________

ADDRESS ____________________________________________

CITY/STATE/ZIP _______________________________________

PHONE(S): □ HOME □ WORK □ CELL _____________________________

E-MAIL ______________________________________________________________________

For more information, please contact:

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