TRAUMA TRANSFORMED THROUGH ART & NARRATIVE

The goal of this two-hour online workshop professionals will learn an integrated approach for healing using art and storytelling tools created by the Suicide Survivors Club.

- Learn from a clinical psychologist and a grief/loss expert as they discuss how to approach traumatic loss and complicated grief. The professionals emphasize what families experience after a suicide loss and provide helpful insight on how to support the family.
- Hear from a mother and son about their individual experiences within the family as they navigated the trauma of losing their loved one to suicide. They will share the ups and downs including how life changes after a suicide and where their lives are now.
- Learn what a Story Portrait™ workshop is and how to facilitate these interactive workshops for loss survivors.
- Learn about the warning signs of suicide, safe messaging and suicide prevention resources.

Professionals will receive a 5-book set, and can purchase the Healing After a Suicide Loss: All Ages Workbook + Activity Guide. This workshop was previously accredited for two CEUs.

Interested in our workshop please email suicidesurvivorsclubmn@gmail.com for more information.

SUICIDE SURVIVORS CLUB (SSC)

Suicide Survivors Club (SSC) is an organization dedicated to ending the stigma of loss by suicide through integrative art/narrative tools that support loss survivors. SSC provides support and education to help individuals process their grief with the hope they will heal and restore their lives. SSC developed a 5-book set called Suicide Survivors’ Club – A Family’s Journey Through the Death of Their Loved One and was self-published to provide context to others and offer an opening to safely deepen conversations with difficult subject matter. SSC has also developed a workbook to partner with the book set for professionals to further support a suicide survivor.

Register Here

Tues, Jan. 18 or Tues, Feb. 15
6-8pm on Zoom

suicidesurvivorsclub.org suicidesurvivorsclubmn@gmail.com 952.472.2303